

Kosmos 3-in-1

Open Female 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Lesego Hlako Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	388	5:54:50.0 137 3:18:55.79 116 1:44:20.07 135 51:34.15
2	Elize Douglas Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	525	6:10:19.4 164 3:24:19.56 167 1:50:48.74 194 55:11.14
3	Wilmarie Du Plessis Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	501	6:11:25.7 202 3:32:25.23 124 1:44:55.79 175 54:04.72
4	Bronwyn Strydom Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	666	6:17:49.5 149 3:21:00.56 243 1:58:05.91 274 58:43.04
5	Rashika Rampersadh Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	551	6:19:02.5 221 3:35:02.01 156 1:50:01.31 174 53:59.22
6	Elmarie Janse van Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	634	6:21:30.6 171 3:25:44.36 255 1:59:36.99 208 56:09.33
7	Laoyiso Moumakoe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	666	6:27:13.8 217 3:34:44.15 220 1:55:26.57 229 57:03.12
8	Modiesi Makwarela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	749	6:33:55.9 236 3:37:12.93 244 1:58:06.83 269 58:36.22
9	Thandi Banda Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	760	6:42:28.3 256 3:41:34.67 297 2:04:47.41 207 56:06.27
10	Mariette Douwenga Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	815	6:46:03.4 284 3:46:43.35 272 2:01:18.50 259 58:01.58
11	Anel Viljoen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1144	6:49:08.4 215 3:34:36.08 270 2:01:13.72 659 1:13:18.63
12	Rene Yiangou Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	863	6:51:42.8 343 3:53:55.37 249 1:59:09.41 271 58:38.09
13	Melanie Delainey		19	Series Total:	1240	7:10:36.9

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13	Melanie Delaineey Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1240	7:10:36.9 250 3:39:28.33 557 2:25:38.69 433 1:05:29.95
14	Gladness Nkuna Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1041	7:10:44.1 416 4:02:44.42 322 2:08:00.31 303 59:59.42
15	Jackoline Nel Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1288	7:11:34.4 307 3:49:19.86 332 2:09:33.53 649 1:12:41.08
16	Jessica Du Plessis Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1154	7:13:09.7 341 3:53:54.74 401 2:14:28.30 412 1:04:46.67
17	Salome Du Toit Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1206	7:17:37.7 388 3:58:25.90 395 2:14:00.49 423 1:05:11.39
18	Joy-Ann Nicholl Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1154	7:18:51.2 489 4:12:53.13 281 2:02:33.92 384 1:03:24.22
19	Mulalo Muluwvu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1442	7:24:08.9 348 3:54:30.49 428 2:16:01.36 666 1:13:37.13
20	Charlet-Marie Kleynhans Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1217	7:25:37.0 450 4:08:09.51 412 2:15:04.19 355 1:02:23.34
21	Silindile Sithole Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1447	7:30:06.7 387 3:58:25.70 486 2:20:51.18 574 1:10:49.86
22	Goitsehang Maotoe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1405	7:36:28.0 497 4:13:33.02 405 2:14:35.83 503 1:08:19.16
23	Tsholofelo Tsiane-Tease Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1393	7:37:32.5 559 4:18:53.55 379 2:12:09.55 455 1:06:29.44
24	Lorne Van der Merwe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1752	7:39:02.7 344 3:53:55.95 495 2:21:40.08 913 1:23:26.67
25	Pumza Jabane		19	Series Total:	1510	7:40:33.5

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25	Pumza Jabane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1510	7:40:33.5 545 4:17:03.81 374 2:12:02.24 591 1:11:27.49
26	Nombuso Shabalala Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1576	7:46:28.0 458 4:09:09.70 585 2:27:50.43 533 1:09:27.94
27	Anthea Van der Byl Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1596	7:48:24.6 465 4:10:10.76 600 2:28:50.53 531 1:09:23.40
28	Annemarie Kotzee Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1423	7:50:43.6 734 4:39:25.35 328 2:08:42.73 361 1:02:35.61
29	Mausley Pilane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1940	7:55:53.3 397 3:59:27.45 677 2:34:38.58 866 1:21:47.33
30	Stephnie Loedolff Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1774	7:57:06.3 506 4:14:08.35 617 2:30:10.39 651 1:12:47.59
31	Lindi Motau Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1883	7:58:24.2 496 4:13:32.65 514 2:22:43.54 873 1:22:08.09
32	Norma Du Plessis Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1933	8:00:26.5 590 4:23:01.89 382 2:13:10.65 961 1:24:14.04
33	Charlotte Helm Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1676	8:00:37.8 628 4:27:22.75 556 2:25:38.11 492 1:07:36.97
34	Marsha Davids Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1970	8:00:38.9 568 4:19:45.39 426 2:15:45.31 976 1:25:08.26
35	Mahlangu Lerato Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1926	8:06:53.7 606 4:24:11.02 567 2:26:17.73 753 1:16:25.00
36	Smeree Rogers Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1947	8:08:33.3 562 4:19:16.37 673 2:34:26.56 712 1:14:50.40
37	Azwi Tshitereke		19	Series Total:	2057	8:15:32.8

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37	Azwi Tshitereke Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2057	8:15:32.8 634 4:27:43.59 543 2:25:14.84 880 1:22:34.39
38	Zoliswa Diko Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2062	8:19:33.3 668 4:32:22.04 601 2:28:55.30 793 1:18:16.04
39	Isabel Esterhuyzen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2273	8:19:33.8 472 4:10:58.08 798 2:42:07.14 1003 1:26:28.61
40	Nomsa Joan Mlambo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1937	8:19:44.3 744 4:39:27.68 599 2:28:48.54 594 1:11:28.09
41	Vuyokazi Ndzamela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2135	8:29:28.6 779 4:44:06.35 602 2:28:56.17 754 1:16:26.17
42	Carika Nagel Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2079	8:30:02.3 808 4:46:57.58 621 2:30:17.67 650 1:12:47.11
43	Norah Maitufi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2169	8:30:05.6 752 4:39:29.58 690 2:35:16.88 727 1:15:19.19
44	Fallon Ismail Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2252	8:31:05.9 760 4:39:53.24 581 2:27:47.27 911 1:23:25.39
45	Maritza Hartkopf Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2350	8:31:32.8 657 4:29:21.58 721 2:37:13.81 972 1:24:57.46
46	Neo Mogohloane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2263	8:31:43.7 761 4:39:53.49 582 2:27:47.98 920 1:24:02.32
47	Esme Cilliers Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2335	8:33:25.9 677 4:33:13.87 666 2:34:10.45 992 1:26:01.59
48	Madelein Olivier Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2321	8:37:19.0 814 4:47:15.22 562 2:25:56.30 945 1:24:07.54
49	Bonny Makgopela		19	Series Total:	2368	8:38:29.2

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49	Bonny Makgopela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2368	8:38:29.2 696 4:34:47.51 748 2:39:38.35 924 1:24:03.36
50	Kholofelo Masunga Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2377	8:40:23.5 718 4:36:44.96 738 2:39:36.23 921 1:24:02.36
51	Khumbuzile Lephala Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2288	8:40:55.8 921 5:05:35.94 158 1:50:11.68 1209 1:45:08.27
52	Isabel Roux Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2506	8:42:34.7 618 4:25:58.99 764 2:39:43.77 1124 1:36:51.94
53	Tanya Carter Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2355	8:43:04.1 797 4:45:55.18 700 2:36:02.40 858 1:21:06.58
54	Bianca Dahl Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2349	8:45:21.7 833 4:49:55.93 716 2:36:58.67 800 1:18:27.12
55	Feroza Moosa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2287	8:48:33.2 882 4:55:26.98 744 2:39:37.32 661 1:13:28.94
56	Phephile Mahlangu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2544	8:51:31.6 768 4:42:21.54 679 2:34:46.50 1097 1:34:23.61
57	Phumeza Zungula Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2551	8:51:39.0 739 4:39:26.87 749 2:39:38.43 1063 1:32:33.77
58	Tanya Small-Myburg Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2644	8:57:11.7 742 4:39:27.27 759 2:39:41.58 1143 1:38:02.87
59	Tamsin Murphy Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2650	9:05:34.2 878 4:55:17.26 831 2:46:10.51 941 1:24:06.45
60	Namhla Zondani Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2586	9:06:41.7 927 5:06:27.94 668 2:34:16.20 991 1:25:57.62
61	Phuti Boshomane		19	Series Total:	1998	9:07:38.4

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61	Phuti Boshomane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1998	9:07:38.4 967 5:22:26.64 897 2:53:40.72 134 51:31.04
62	Marietjie Stoltz Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2747	9:12:21.0 906 4:59:08.15 842 2:46:57.62 999 1:26:15.26
63	Mmabatho Pheladi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2793	9:13:06.5 863 4:52:31.63 832 2:46:11.29 1098 1:34:23.65
64	Carolina Pullen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2793	9:15:43.7 815 4:47:45.17 905 2:54:47.92 1073 1:33:10.66
65	Thandi Jiyane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2846	9:18:08.6 899 4:57:10.80 803 2:42:54.89 1144 1:38:02.93
66	Makhosazane Nirghin Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2927	9:30:27.6 782 4:44:14.60 958 3:04:07.71 1187 1:42:05.32
67	Sanelisiwe Mqadi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2889	9:32:08.0 916 5:04:27.95 909 2:55:05.52 1064 1:32:34.56
68	Reinette De Beer Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2981	9:32:40.1 872 4:53:50.60 906 2:54:49.81 1203 1:43:59.77
69	Juanita Venter Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2808	9:35:27.7 968 5:22:29.06 835 2:46:29.32 1005 1:26:29.37
70	Leanne Webster Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2633	9:36:05.8 1010 5:30:07.29 861 2:49:13.71 762 1:16:44.89
71	Ntshinogang Gaorongwe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2951	9:36:27.9 920 5:05:34.10 825 2:45:54.13 1206 1:44:59.67
72	Kutlwano Makgwa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3050	9:45:40.8 881 4:55:24.08 950 3:02:25.99 1219 1:47:50.78
73	Sponono Ntuli		19	Series Total:	3076	10:05:22.

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73	Sponono Ntuli Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3076	10:05:22. 917 5:04:37.84 920 2:56:15.31 1239 2:04:29.24
74	Zaheera Lambat Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3115	10:10:53. 983 5:24:23.77 963 3:06:30.37 1169 1:39:59.50
75	Samukelrsiwe Mdlalose Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3162	10:20:13. 1007 5:29:11.93 970 3:09:24.32 1185 1:41:37.35
76	Hester Oberholzer Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3140	10:23:45. 957 5:17:02.84 1005 3:25:47.82 1178 1:40:55.12
77	Jeanetta Mothoa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3187	10:27:58. 1019 5:34:54.46 975 3:10:15.31 1193 1:42:48.85
78	Dorah Mokgoka Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3149	10:30:52. 1031 5:49:40.54 907 2:54:57.61 1211 1:46:14.51
79	Rene Graham Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3197	10:41:54. 1030 5:49:12.90 972 3:09:45.20 1195 1:42:55.91
80	Fulufhelo Dagada Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3235	10:46:41. 1017 5:34:18.51 997 3:23:35.97 1221 1:48:47.34

Veteran Female 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Vanessa Bowman Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	221	5:30:42.6 99 3:08:46.20 59 1:36:01.02 63 45:55.38
2	Berdene Smit Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	466	5:46:41.8 103 3:09:47.39 64 1:37:03.18 299 59:51.27
3	Mari Bruwer Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	718	6:16:32.9 135 3:18:30.12 224 1:55:29.19 359 1:02:33.64
4	Thandi Dlangamandla Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km)		40	Series Total:	560	6:17:26.7 230 3:36:49.08 120 1:44:26.91

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Veteran Female 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
5	Thandi Dlangamandla Kosmos 3-in-1 (10km)		40	Series Total:	560	6:17:26.7 210 56:10.74
5	Sibongile Shongwe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	783	6:44:37.4 325 3:50:48.09 233 1:56:52.50 225 56:56.87
6	Elizabeth Nomgq Mlaba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	977	6:51:19.8 277 3:45:47.30 253 1:59:22.54 447 1:06:10.05
7	Retha Strydom Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1007	7:04:24.0 383 3:57:46.90 302 2:05:15.48 322 1:01:21.65
8	Monica Erasmus Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	926	7:05:35.6 413 4:02:27.59 323 2:08:09.26 190 54:58.81
9	Hannelie Dunn Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1131	7:09:02.9 353 3:55:02.98 320 2:07:28.38 458 1:06:31.54
10	Charmaine Van der Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1146	7:11:08.6 332 3:52:01.35 424 2:15:38.41 390 1:03:28.90
11	Marinda Coetzee Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1143	7:11:57.3 391 3:59:01.21 321 2:07:28.46 431 1:05:27.70
12	Annelize Jonck Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1227	7:17:13.5 363 3:56:06.02 404 2:14:35.49 460 1:06:31.99
13	Erika Owens Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1228	7:17:38.4 366 3:56:31.45 403 2:14:35.31 459 1:06:31.65
14	Busisiwe Khumalo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1342	7:20:40.0 309 3:49:20.39 507 2:22:09.67 526 1:09:10.01
15	Sonja Aucamp Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1496	7:31:31.5 550 4:17:46.65 257 1:59:44.27 689 1:14:00.66
16	Theodi Crouch Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km)		40	Series Total:	1289	7:32:00.3 500 4:13:41.03 408 2:14:56.49

*Overall Place

Kosmos 3-in-1

Veteran Female 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
17	Theodi Crouch Kosmos 3-in-1 (10km)		40	Series Total:	1289	7:32:00.3 381 1:03:22.80
17	Elize Van der Merwe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1324	7:32:22.3 482 4:12:05.15 399 2:14:21.37 443 1:05:55.87
18	Christine Williamson Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1482	7:48:16.0 614 4:25:55.88 433 2:16:43.87 435 1:05:36.28
19	Natascha Plani Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1706	7:51:27.6 551 4:17:46.69 467 2:19:41.46 688 1:13:59.50
20	Santie Kelsey Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1785	7:58:38.2 587 4:22:29.96 492 2:21:21.39 706 1:14:46.91
21	Jennifer Rogers Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1848	7:58:56.6 461 4:09:39.07 674 2:34:27.07 713 1:14:50.55
22	Sbliti Mabena Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1750	8:00:16.8 519 4:15:12.25 692 2:35:25.18 539 1:09:39.39
23	Maryna Van Aswegen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1644	8:05:47.4 812 4:47:11.31 355 2:11:21.46 477 1:07:14.71
24	Michelle Fookwe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1777	8:12:33.3 769 4:42:37.78 489 2:21:05.29 519 1:08:50.23
25	Martie Brits Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1803	8:14:07.5 767 4:42:12.26 522 2:23:09.68 514 1:08:45.58
26	Nkosi Yvonne Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2067	8:15:37.1 636 4:27:44.78 548 2:25:17.43 883 1:22:34.89
27	Sharon Booyesen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1890	8:19:22.7 805 4:45:58.24 513 2:22:37.77 572 1:10:46.76
28	Frances Lezar Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km)		40	Series Total:	2272	8:22:13.6 488 4:12:52.93 815 2:44:31.44

*Overall Place

Kosmos 3-in-1
Veteran Female 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
29	Frances Lezar Kosmos 3-in-1 (10km)		40	Series Total:	2272	8:22:13.6 969 1:24:49.28
29	Hilda Kotze Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2058	8:22:45.1 647 4:28:13.04 804 2:42:59.01 607 1:11:33.05
30	Karin Kruger Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1991	8:25:26.7 776 4:43:19.08 634 2:31:06.20 581 1:11:01.42
31	Stella Madlala Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2248	8:26:15.4 544 4:16:54.07 858 2:48:51.38 846 1:20:30.00
32	Masi Sibiyi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1972	8:27:26.7 816 4:47:56.49 614 2:29:48.09 542 1:09:42.20
33	Gail Elliot-Wilson Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2278	8:28:23.2 703 4:35:19.68 564 2:26:03.97 1011 1:26:59.62
34	n'Tombi Ndlovu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2099	8:32:01.2 825 4:48:50.97 612 2:29:40.69 662 1:13:29.63
35	Antoinette Danster Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2139	8:32:59.1 780 4:44:08.65 680 2:34:55.90 679 1:13:54.60
36	Magriet Hattingh Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2404	8:39:39.4 653 4:29:09.72 834 2:46:29.26 917 1:24:00.44
37	Marlene Kapp Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2355	8:43:03.2 801 4:45:55.90 699 2:36:02.21 855 1:21:05.17
38	Charlotte Boshoff Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2333	8:43:50.1 821 4:48:30.24 713 2:36:55.07 799 1:18:24.88
39	Rika Smith Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2350	8:45:21.8 832 4:49:55.68 717 2:36:58.94 801 1:18:27.20
40	Mary-Ann Henning Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km)		40	Series Total:	2616	8:59:21.4 834 4:50:00.88 814 2:44:31.42

*Overall Place

Kosmos 3-in-1
Veteran Female 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
41	Mary-Ann Henning Kosmos 3-in-1 (10km)		40	Series Total:	2616	8:59:21.4 968 1:24:49.18
41	Cleopatra Motaung Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2724	9:03:40.2 743 4:39:27.41 793 2:41:47.41 1188 1:42:25.45
42	Grace Masango Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2589	9:04:39.7 841 4:50:43.62 872 2:51:34.38 876 1:22:21.79
43	Elsabe Lombard Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2728	9:07:12.0 765 4:41:28.26 889 2:52:32.47 1074 1:33:11.29
44	Nompumelelo Mkhize Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2717	9:08:22.2 820 4:48:29.95 900 2:53:47.77 997 1:26:04.57
45	Magda Botha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2717	9:09:28.8 893 4:56:37.24 849 2:47:43.52 975 1:25:08.10
46	Nomsa Khumalo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2809	9:12:55.5 807 4:46:57.21 838 2:46:40.44 1164 1:39:17.85
47	Christie Martins Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2558	9:20:16.4 962 5:19:38.47 780 2:41:32.18 816 1:19:05.78
48	Alta Kloppers Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2848	9:20:38.6 907 4:59:08.22 841 2:46:57.22 1100 1:34:33.20
49	Peter Steyn Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2658	9:23:13.4 941 5:10:54.13 892 2:52:54.69 825 1:19:24.58
50	Lillian Mthembu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2804	9:25:51.3 939 5:10:45.77 785 2:41:44.83 1080 1:33:20.75
51	Vinny Manaka Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2804	9:30:22.3 725 4:37:44.25 990 3:18:45.37 1089 1:33:52.73
52	Malefu Molefe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km)		40	Series Total:	2856	9:33:45.3 865 4:52:40.69 984 3:14:17.26

*Overall Place

Kosmos 3-in-1

Veteran Female 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
53	Malefu Molefe Kosmos 3-in-1 (10km)		40	Series Total:	2856	9:33:45.3 1007 1:26:47.38
53	Millicent Nxumalo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2891	9:36:51.5 944 5:11:39.27 908 2:54:57.81 1039 1:30:14.43
54	Nello Dick Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3019	9:43:39.9 839 4:50:32.75 965 3:06:41.60 1215 1:46:25.57
55	Estelle Wessels Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2881	9:44:00.4 971 5:22:30.83 880 2:52:05.77 1030 1:29:23.80
56	Given Leshabane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3017	9:50:23.8 943 5:11:39.26 946 3:01:25.44 1128 1:37:19.11
57	Amanda Kuun Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3028	9:58:45.9 1006 5:28:21.13 901 2:53:48.39 1121 1:36:36.42
58	Rene Visser Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3032	10:05:18. 1012 5:32:32.68 941 2:59:26.65 1079 1:33:19.26
59	Bernadette Teixeira Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3032	10:05:45. 1013 5:32:33.31 942 2:59:53.35 1077 1:33:19.16
60	Niolizwi Mgodana Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3125	10:08:19. 935 5:10:41.30 954 3:03:42.22 1236 1:53:55.59
61	Virginia Matshaba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3164	10:16:04. 992 5:25:44.07 952 3:02:28.47 1220 1:47:52.03
62	Aniah Mahlake Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3107	10:33:51. 1028 5:48:25.18 974 3:09:58.06 1105 1:35:28.23

Master Female 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Andra Muller Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	1257	7:25:30.3 435 4:05:41.94 409 2:15:01.74 413 1:04:46.68

Kosmos 3-in-1

Master Female 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
2	Norma Page Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	1400	7:36:10.7 485 4:12:47.70 416 2:15:22.72 499 1:08:00.30
3	Valerie Geldenhuys Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	1433	7:37:44.1 498 4:13:34.79 410 2:15:02.00 525 1:09:07.35
4	Frieda Muir Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	1420	7:45:28.2 643 4:28:08.72 400 2:14:21.49 377 1:02:57.99
5	Bernadette Isaacs Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2082	8:23:59.9 730 4:38:37.74 603 2:29:07.88 749 1:16:14.28
6	Irma Liebenberg Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2285	8:39:44.8 830 4:49:41.57 632 2:30:46.77 823 1:19:16.50
7	Marthie Van der Walt Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2350	8:45:01.3 874 4:54:21.44 588 2:28:01.74 888 1:22:38.13
8	Corrie Fourie Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2348	8:46:51.8 875 4:54:42.88 653 2:33:01.25 820 1:19:07.69
9	Annemarie Breytenbach Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2404	8:48:16.1 838 4:50:32.54 698 2:35:52.63 868 1:21:50.98
10	Lynette De Beer Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2633	8:57:55.5 772 4:43:06.46 802 2:42:54.50 1059 1:31:54.56
11	Tlale Kgame Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2806	9:25:51.8 938 5:10:44.99 787 2:41:45.67 1081 1:33:21.14
12	Dikeledi Ledwaba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2732	9:31:16.2 998 5:26:08.54 775 2:40:54.44 959 1:24:13.28
13	Nicolene Gericke Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	2953	9:52:38.6 1001 5:27:02.31 935 2:58:14.84 1017 1:27:21.48
14	Angi Danster		50	Series Total:	2881	9:55:09.3

*Overall Place

Kosmos 3-in-1
Master Female 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
14	Angi Danster		50	Series Total:	2881	9:55:09.3
	Kosmos 3-in-1 (42km)				982	5:24:23.64
	Kosmos 3-in-1 (21km)				964	3:06:40.40
	Kosmos 3-in-1 (10km)				935	1:24:05.33
15	Lesley Vermeulen		50	Series Total:	3044	9:57:05.1
	Kosmos 3-in-1 (42km)				977	5:22:41.48
	Kosmos 3-in-1 (21km)				913	2:55:52.74
	Kosmos 3-in-1 (10km)				1154	1:38:30.88
16	Amina Adam		50	Series Total:	3089	10:21:46.
	Kosmos 3-in-1 (42km)				1032	5:49:41.29
	Kosmos 3-in-1 (21km)				895	2:53:18.09
	Kosmos 3-in-1 (10km)				1162	1:38:46.88

G-Master Female 60 and over

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Anna Sonnendecker		60	Series Total:	2329	8:55:53.3
	Kosmos 3-in-1 (42km)				924	5:05:54.41
	Kosmos 3-in-1 (21km)				672	2:34:26.25
	Kosmos 3-in-1 (10km)				733	1:15:32.64

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	CRAIG CYNKIN Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	40	4:31:22.9 8 2:35:24.08 8 1:16:23.57 24 39:35.25
2	Kadisegwane Maleka Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	50	4:38:00.7 9 2:35:33.83 15 1:22:37.75 26 39:49.21
3	Elvis Mazibuko Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	65	4:44:42.3 13 2:38:50.66 19 1:24:37.36 33 41:14.37
4	Ken Mwape Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	64	4:46:29.7 12 2:38:37.60 29 1:28:53.25 23 38:58.90
5	Agent Moagi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	75	4:48:26.6 16 2:40:22.93 23 1:26:01.37 36 42:02.36
6	Meshack Monareng Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	74	4:49:40.8 23 2:43:50.57 20 1:24:56.36 31 40:53.96
7	Lucky Mahlangu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	112	4:50:30.8 5 2:31:16.55 45 1:33:23.25 62 45:51.02
8	Ntheleng Mosine Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	92	4:54:46.9 18 2:41:34.81 32 1:29:37.86 42 43:34.30
9	BEN BREYNTZIS Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	145	4:54:52.2 10 2:37:08.44 28 1:28:23.51 107 49:20.29
10	Frank Ramaputla Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	125	5:01:54.2 27 2:46:01.04 34 1:29:53.83 64 45:59.39
11	THAKO LEPHOTO Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	127	5:02:32.1 19 2:41:46.37 69 1:37:39.24 39 43:06.51
12	Sipho Ngomane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	123	5:05:27.2 35 2:48:46.48 54 1:35:25.62 34 41:15.13
13	Ryan Gibson		19	Series Total:	149	5:07:06.9

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
13	Ryan Gibson Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	149	5:07:06.9 49 2:53:33.11 24 1:26:19.43 76 47:14.40
14	Gideon Mafukane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	216	5:07:09.9 33 2:48:26.42 21 1:25:34.12 162 53:09.36
15	Pula Kheitsane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	146	5:07:36.9 31 2:47:41.13 46 1:33:23.86 69 46:31.94
16	Gavin Munyu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	134	5:07:38.7 44 2:52:36.54 31 1:29:17.12 59 45:45.13
17	George Phetla Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	147	5:08:00.5 24 2:44:44.51 76 1:38:34.31 47 44:41.69
18	Karel Burger Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	428	5:08:49.7 7 2:33:57.13 35 1:31:25.95 386 1:03:26.69
19	Andrew Maphakge Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	163	5:11:54.6 36 2:48:48.99 67 1:37:19.91 60 45:45.79
20	William Stroebel Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	160	5:11:58.7 57 2:57:16.04 26 1:27:27.65 77 47:15.07
21	Gideon Joubert Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	176	5:16:12.7 58 2:57:16.54 39 1:31:37.09 79 47:19.08
22	Segatane Makuwa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	165	5:17:44.8 53 2:56:49.58 74 1:38:22.66 38 42:32.59
23	Ronnie Mathebula Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	183	5:20:02.6 60 2:57:29.99 86 1:40:05.86 37 42:26.84
24	Mluleki Ndosi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	215	5:26:03.1 82 3:04:27.28 47 1:33:34.97 86 48:00.94
25	Shaun Saraiva		19	Series Total:	282	5:33:19.7

*Overall Place

Kosmos 3-in-1
Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
25	Shaun Saraiva Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	282	5:33:19.7 74 3:02:32.91 92 1:40:40.78 116 50:06.07
26	Sipho Mhaga Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	328	5:34:16.5 59 2:57:17.92 123 1:44:29.57 146 52:29.05
27	Delani Njapha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	281	5:38:03.3 100 3:09:11.81 87 1:40:16.33 94 48:35.24
28	Johannes Choma Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	448	5:38:53.8 71 3:01:50.98 58 1:35:56.75 319 1:01:06.14
29	Mpho Sekese Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	353	5:40:36.6 75 3:03:11.34 121 1:44:28.31 157 52:56.95
30	Muzi Khumalo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	296	5:44:22.8 128 3:17:19.15 77 1:38:36.18 91 48:27.54
31	Gustav Roos Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	509	5:45:03.9 45 2:52:43.72 199 1:53:56.28 265 58:23.91
32	Linda Shembe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	377	5:46:56.1 102 3:09:32.46 119 1:44:26.85 156 52:56.81
33	Victor Mathole Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	417	5:47:59.6 90 3:07:02.56 128 1:45:21.75 199 55:35.38
34	Ofentse Mokgale Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	325	5:48:12.3 136 3:18:54.70 93 1:40:41.44 96 48:36.18
35	Wilhelm Du Plessis Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	443	5:48:41.0 72 3:02:04.04 162 1:50:26.44 209 56:10.59
36	Vuyane Magobongo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	430	5:49:24.6 97 3:08:45.08 122 1:44:28.72 211 56:10.84
37	Bennie Roux		19	Series Total:	358	5:52:21.0

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
37	Bennie Roux Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	358	5:52:21.0 144 3:19:42.61 111 1:43:31.73 103 49:06.71
38	Sibusiso Solomo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	524	5:53:11.0 86 3:05:42.80 144 1:47:54.67 294 59:33.61
39	Phillip Uys Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	404	5:54:30.8 141 3:19:28.46 100 1:41:53.00 163 53:09.39
40	THEMBA NGUBANE Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	382	5:54:37.3 145 3:19:50.74 125 1:44:55.97 112 49:50.66
41	Benny Moloko Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	370	5:55:47.1 178 3:27:13.84 73 1:38:11.58 119 50:21.72
42	Martin Vilukazi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	490	5:57:43.1 98 3:08:45.93 204 1:54:19.50 188 54:37.71
43	Taetse Vorster Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	689	5:59:59.8 93 3:08:20.99 117 1:44:23.16 479 1:07:15.70
44	Fanilakhe Ntshangase Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	447	6:00:33.9 115 3:15:09.02 202 1:54:09.21 130 51:15.67
45	Rhangani Kasanavko Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	442	6:00:43.4 130 3:17:37.50 163 1:50:26.74 149 52:39.16
46	Happyboy Mhloleli Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	448	6:01:31.4 166 3:25:00.64 102 1:42:05.04 180 54:25.77
47	Motsamai Monareng Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	449	6:01:32.1 167 3:25:01.54 103 1:42:05.08 179 54:25.52
48	Ryan Mathaba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	526	6:03:18.6 88 3:06:36.04 300 2:04:59.62 138 51:43.02
49	Lebogang Mooketsi		19	Series Total:	481	6:04:09.6

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
49	Lebogang Mooketsi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	481	6:04:09.6 138 3:18:57.52 171 1:51:20.61 172 53:51.53
50	Edison Motlhono Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	551	6:06:03.9 111 3:12:52.54 235 1:57:16.54 205 55:54.86
51	Hennie Lotz Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	473	6:08:43.3 186 3:29:47.27 134 1:46:05.26 153 52:50.82
52	Antonie Mans Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	662	6:08:59.3 114 3:14:06.69 175 1:51:55.97 373 1:02:56.69
53	Teboho Matseke Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	502	6:09:06.2 156 3:23:06.86 219 1:55:14.76 127 50:44.59
54	Justin Sher Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	417	6:11:40.0 273 3:45:33.17 94 1:41:14.64 50 44:52.27
55	Thabane Cele Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	635	6:14:01.1 127 3:17:18.60 248 1:58:39.75 260 58:02.79
56	Tshepo Mokonyane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	621	6:16:35.5 161 3:23:45.49 225 1:55:31.09 235 57:18.97
57	Christopher Bell Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	584	6:17:45.1 183 3:28:45.97 188 1:52:45.83 213 56:13.35
58	Binda Mpostolic Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	561	6:19:08.0 208 3:33:33.85 155 1:49:59.93 198 55:34.27
59	Chris Mahungo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	750	6:19:08.1 113 3:13:52.13 286 2:03:04.94 351 1:02:11.04
60	Sibusiso Mkhize Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	605	6:19:21.1 222 3:35:21.78 135 1:46:15.99 248 57:43.38
61	July Mavuso		19	Series Total:	652	6:20:47.9

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
61	July Mavuso Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	652	6:20:47.9 160 3:23:39.80 262 2:00:03.88 230 57:04.22
62	Corne Loedolff Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	574	6:20:56.3 209 3:33:45.48 198 1:53:44.35 167 53:26.47
63	Johannes Van den Berg Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	646	6:22:49.0 175 3:26:44.53 254 1:59:29.09 217 56:35.41
64	Muntonezwi Khanyile Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	678	6:26:05.5 192 3:30:51.67 239 1:57:31.72 247 57:42.14
65	Simphiwe Cele Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	737	6:26:06.8 193 3:31:27.92 177 1:51:59.83 367 1:02:39.11
66	Francois Steenkamp Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	660	6:26:20.0 240 3:37:50.21 157 1:50:06.66 263 58:23.16
67	Jaco Van der Merwe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1169	6:26:38.4 140 3:19:28.19 113 1:43:41.34 916 1:23:28.95
68	Theo Mostert Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	597	6:27:09.6 290 3:47:05.78 139 1:46:37.18 168 53:26.64
69	Sipho Noaba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	675	6:27:09.6 235 3:37:12.88 170 1:51:20.45 270 58:36.34
70	Erik Neethling Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	713	6:27:44.3 210 3:33:45.64 197 1:53:39.27 306 1:00:19.47
71	Landani Mavunda Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	858	6:33:28.6 180 3:27:42.08 273 2:01:36.81 405 1:04:09.79
72	Wayne McBowles Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	757	6:34:43.8 220 3:35:01.77 271 2:01:17.81 266 58:24.27
73	Sylvester Shange		19	Series Total:	983	6:34:53.6

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
73	Sylvester Shange Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	983	6:34:53.6 153 3:22:02.28 285 2:03:04.53 545 1:09:46.80
74	Moleela Chidi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	810	6:36:51.9 207 3:33:29.99 275 2:01:54.55 328 1:01:27.39
75	Lucky Sekwane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1046	6:38:30.4 196 3:31:44.98 196 1:53:38.87 654 1:13:06.58
76	Khehla Molefe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	800	6:38:38.6 184 3:28:52.62 380 2:12:24.84 236 57:21.20
77	Jean-Claude Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	867	6:39:28.3 206 3:33:26.11 287 2:03:05.39 374 1:02:56.89
78	Luzuko Ntissa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	735	6:40:21.5 303 3:48:46.10 226 1:55:32.82 206 56:02.61
79	Matome Rasekgala Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	941	6:40:39.8 185 3:29:15.21 299 2:04:53.94 457 1:06:30.66
80	Hammond Black Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1129	6:41:26.0 205 3:33:25.66 176 1:51:56.17 748 1:16:04.26
81	Mahlongonolo Rabodiba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	924	6:41:35.5 219 3:34:44.57 269 2:01:09.39 436 1:05:41.62
82	Mbongeni Mdunge Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	862	6:45:24.8 254 3:40:55.50 290 2:03:24.05 318 1:01:05.28
83	Andries Manyaka Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	830	6:45:30.0 308 3:49:20.18 230 1:56:39.33 292 59:30.55
84	Martin Lekgoye Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	866	6:47:46.1 281 3:46:28.89 258 1:59:50.26 327 1:01:26.96
85	Bradley Studdard		19	Series Total:	931	6:48:21.8

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
85	Bradley Studdard Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	931	6:48:21.8 233 3:36:54.22 327 2:08:35.21 371 1:02:52.44
86	Bathande Quvane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1063	6:48:31.9 228 3:36:17.00 276 2:02:03.16 559 1:10:11.78
87	Nkosana Mabunda Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	864	6:49:14.7 275 3:45:37.85 292 2:03:50.72 297 59:46.14
88	Thabiso Mataboge Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1625	6:50:04.7 47 2:53:05.43 373 2:12:02.12 1205 1:44:57.16
89	Stephen Rondganger Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	818	6:51:52.5 411 4:02:22.68 186 1:52:39.46 221 56:50.37
90	Juan Van der Walt Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1005	6:54:53.0 287 3:46:53.09 277 2:02:04.45 441 1:05:55.52
91	Theron Nkhensan Miyeni Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	922	6:56:21.3 289 3:46:57.09 337 2:09:45.58 296 59:38.72
92	Mpho Lamola Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	987	6:56:30.7 276 3:45:40.75 319 2:07:15.92 392 1:03:34.05
93	Dewald Van Niekerk Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1098	6:56:45.5 268 3:45:23.75 267 2:00:56.08 563 1:10:25.72
94	Simon Kotze Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	925	6:58:01.9 262 3:43:24.67 474 2:19:52.60 189 54:44.72
95	Thabo Nakeli Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1093	7:00:05.0 176 3:26:49.39 747 2:39:38.30 170 53:37.31
96	Julian Blonski Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1261	7:05:08.1 249 3:39:12.12 397 2:14:08.24 615 1:11:47.79
97	Moosa Kola		19	Series Total:	1136	7:05:09.8

*Overall Place

Kosmos 3-in-1
Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
97	Moosa Kola Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1136	7:05:09.8 246 3:38:07.53 537 2:24:42.42 353 1:02:19.93
98	Adolph Gaza Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1322	7:06:00.6 214 3:34:29.89 443 2:17:53.75 665 1:13:36.97
99	Mark Dowdeswell Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1216	7:06:51.2 226 3:35:42.29 558 2:25:39.07 432 1:05:29.88
100	Lucky Mokoethedi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1150	7:08:01.5 286 3:46:52.17 398 2:14:20.49 466 1:06:48.88
101	Colin Louw Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1211	7:08:57.0 278 3:46:16.66 381 2:12:46.82 552 1:09:53.58
102	Christo Meyer Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	953	7:09:58.7 724 4:37:43.57 85 1:39:53.13 144 52:22.07
103	Chris Du Plessis Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1142	7:11:07.8 331 3:52:01.07 422 2:15:38.10 389 1:03:28.72
104	Brandon Paschal Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1444	7:11:27.3 225 3:35:42.01 455 2:18:57.69 764 1:16:47.68
105	Leonard Maseko Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1450	7:13:58.1 247 3:38:55.54 459 2:19:03.85 744 1:15:58.79
106	Andre Douwenga Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1110	7:14:35.2 419 4:03:16.39 329 2:08:43.24 362 1:02:35.62
107	Lennox Mathebula Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1477	7:17:24.0 264 3:44:00.99 406 2:14:40.11 807 1:18:42.97
108	Tiaan Van Aswegen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1632	7:18:16.3 244 3:38:06.63 423 2:15:38.28 965 1:24:31.46
109	Jarred Lloyd		19	Series Total:	1196	7:20:06.5

*Overall Place

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<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
109	Jarred Lloyd Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1196	7:20:06.5 367 3:56:34.00 512 2:22:27.53 317 1:01:05.04
110	Dirk Du Plessis Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1405	7:20:46.4 333 3:52:08.54 420 2:15:36.96 652 1:13:00.99
111	Marcelino De Gouveia Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1131	7:21:02.4 452 4:08:11.33 386 2:13:20.01 293 59:31.09
112	Lehaka Tsotetsi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1232	7:21:19.5 370 3:56:47.71 499 2:21:55.91 363 1:02:35.88
113	Thabo Moeketsi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1249	7:22:08.5 395 3:59:19.78 463 2:19:14.98 391 1:03:33.80
114	Lesiba Selaki Tshabalala Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1343	7:25:16.8 310 3:49:32.99 646 2:32:17.00 387 1:03:26.89
115	Philemon Hailu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1387	7:26:23.2 401 4:00:50.53 402 2:14:28.51 584 1:11:04.16
116	Ledwaba Malose Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1621	7:27:09.8 243 3:38:04.18 670 2:34:18.44 708 1:14:47.20
117	Kaizer Motaung Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1208	7:29:03.1 582 4:21:50.63 310 2:06:11.02 316 1:01:01.53
118	Michael Mbatha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1640	7:29:25.9 194 3:31:33.86 824 2:45:54.11 622 1:11:57.98
119	Bheki Mnisi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1578	7:29:46.5 322 3:50:34.96 527 2:23:50.02 729 1:15:21.61
120	Amos Manda Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1454	7:29:51.9 314 3:50:05.49 644 2:31:53.12 496 1:07:53.36
121	Tembekile Shenxane		19	Series Total:	1501	7:30:06.3

*Overall Place

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<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
121	Tembekile Shenxane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1501	7:30:06.3 359 3:55:50.36 498 2:21:53.20 644 1:12:22.80
122	Kgopecommando Matlawa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1494	7:30:24.4 425 4:04:06.93 376 2:12:03.26 693 1:14:14.28
123	Andries Ndabeni Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1565	7:33:45.6 306 3:49:19.18 650 2:32:50.83 609 1:11:35.67
124	Kevin Afrikaner Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1380	7:34:01.7 394 3:59:18.10 656 2:33:04.83 330 1:01:38.78
125	Fisokuhle Mhlongo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1612	7:34:44.9 369 3:56:37.61 520 2:22:56.93 723 1:15:10.36
126	Teboho Malatsi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1616	7:34:47.6 271 3:45:28.81 724 2:37:21.04 621 1:11:57.80
127	Nico-Wayne Weweje Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1560	7:35:08.3 412 4:02:24.43 447 2:18:02.06 701 1:14:41.81
128	Griffiths Makgwale Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1473	7:35:50.7 431 4:05:25.44 464 2:19:32.95 578 1:10:52.31
129	Japie De La Rosa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1526	7:36:07.1 414 4:02:33.43 504 2:22:00.64 608 1:11:33.07
130	Gregory Odigeng Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1437	7:37:30.0 524 4:15:57.45 378 2:12:04.48 535 1:09:28.13
131	Don Masasanya Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1401	7:37:39.8 410 4:02:21.15 684 2:34:57.92 307 1:00:20.76
132	Takalani Ramawa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1643	7:38:34.0 373 3:57:06.15 573 2:26:58.11 697 1:14:29.74
133	Jeffrey Ramaroka		19	Series Total:	1492	7:39:33.7

*Overall Place

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<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
133	Jeffrey Ramaroka Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1492	7:39:33.7 531 4:16:04.88 371 2:12:01.89 590 1:11:26.98
134	Fortune Howard Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1494	7:39:34.1 527 4:16:03.99 372 2:12:01.98 595 1:11:28.19
135	Chris Kubeka Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1563	7:41:42.2 530 4:16:04.67 370 2:12:01.49 663 1:13:36.12
136	Samuel Sithole Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1502	7:42:58.0 448 4:08:02.64 592 2:28:13.27 462 1:06:42.13
137	Azar Shah Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1800	7:43:20.4 553 4:18:17.64 180 1:52:20.43 1067 1:32:42.34
138	Noan Wright Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1655	7:43:21.7 292 3:47:29.97 843 2:47:01.39 520 1:08:50.39
139	Elly Malinda Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1394	7:46:09.1 581 4:21:32.44 579 2:27:19.64 234 57:17.07
140	Randall Norman Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1543	7:46:42.7 564 4:19:23.25 441 2:17:40.33 538 1:09:39.16
141	Thabo Ramela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1457	7:47:16.6 623 4:26:52.67 417 2:15:23.74 417 1:05:00.27
142	Karabo Nakeli Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1515	7:47:41.5 470 4:10:56.47 648 2:32:49.56 397 1:03:55.47
143	Schalk Strombeck Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1450	7:47:43.5 621 4:26:24.00 444 2:17:55.26 385 1:03:24.33
144	Kgetjepe Maredi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1665	7:48:17.3 447 4:08:02.39 593 2:28:15.89 625 1:11:59.03
145	Mitesh Bhoola		19	Series Total:	1946	7:48:46.7

*Overall Place

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<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
145	Mitesh Bhoola Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1946	7:48:46.7 315 3:50:05.85 563 2:25:58.46 1068 1:32:42.40
146	Andries Motsai Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1527	7:49:47.5 624 4:26:54.26 419 2:15:29.86 484 1:07:23.46
147	Luthbert Tembedza Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1568	7:49:54.2 520 4:15:28.50 580 2:27:35.18 468 1:06:50.59
148	Ntloko Ntloko Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1542	7:50:04.0 561 4:19:13.37 559 2:25:39.99 422 1:05:10.70
149	Tiyane Sondlane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1897	7:50:42.5 423 4:04:05.27 485 2:20:42.78 989 1:25:54.47
150	Tebogo Chake Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1667	7:50:55.4 499 4:13:40.93 544 2:25:15.61 624 1:11:58.90
151	Jan Masombuka Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1572	7:51:05.4 563 4:19:19.04 538 2:24:42.88 471 1:07:03.57
152	Johan De Bruin Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1943	7:51:55.6 392 3:59:13.03 594 2:28:30.61 957 1:24:11.96
153	Van Tonder Johan Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1492	7:52:18.6 856 4:52:06.08 216 1:55:06.73 420 1:05:05.88
154	Mgcineni Mokoena Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1767	7:52:37.7 460 4:09:35.26 583 2:27:49.33 724 1:15:13.16
155	THEMBA RADEBE Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1919	7:53:54.5 385 3:57:49.28 669 2:34:17.97 865 1:21:47.31
156	Volkenius Mashabela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1829	7:54:26.6 456 4:08:37.41 584 2:27:50.21 789 1:17:59.01
157	Nhlanhla Mathebula		19	Series Total:	1762	7:55:40.9

*Overall Place

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<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
157	Nhlanhla Mathebula Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1762	7:55:40.9 580 4:21:20.99 462 2:19:14.86 720 1:15:05.14
158	Abed Masinga Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1787	7:57:09.9 549 4:17:46.01 551 2:25:24.54 687 1:13:59.36
159	Andre Dercksen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1784	7:58:37.0 585 4:22:28.70 494 2:21:21.84 705 1:14:46.50
160	Calvin Pedi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1816	7:59:42.3 554 4:18:32.93 576 2:27:10.48 686 1:13:58.91
161	Ngcungama Godfrey Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1942	8:00:33.3 434 4:05:25.93 718 2:37:04.07 790 1:18:03.35
162	Mpitye Somo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1864	8:01:56.9 424 4:04:06.79 823 2:45:53.87 617 1:11:56.33
163	Itumeleng Mataboge Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1646	8:03:44.0 751 4:39:29.31 442 2:17:50.54 453 1:06:24.22
164	Samuel Sibiya Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2115	8:03:50.1 357 3:55:39.33 687 2:35:06.39 1071 1:33:04.39
165	JJ Kerry Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1737	8:04:15.6 661 4:29:50.44 554 2:25:27.42 522 1:08:57.76
166	Bhobhoza Mashinini Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1594	8:04:17.7 781 4:44:09.17 434 2:16:48.11 379 1:03:20.44
167	Chuma Diniso Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1805	8:07:27.8 599 4:23:28.47 678 2:34:42.14 528 1:09:17.20
168	Christopher Tsolanku Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2023	8:08:22.2 437 4:05:52.32 828 2:45:55.32 758 1:16:34.62
169	Morwape Patjane		19	Series Total:	1920	8:09:00.5

*Overall Place

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<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
169	Morwape Patjane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1920	8:09:00.5 607 4:24:14.54 633 2:30:51.41 680 1:13:54.60
170	Segopotso Koloje Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1971	8:09:33.4 543 4:16:47.88 733 2:38:20.15 695 1:14:25.37
171	Pieter Grobbelaar Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2044	8:09:41.4 475 4:11:43.31 735 2:38:28.78 834 1:19:29.32
172	William Barfoot Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2103	8:10:14.0 521 4:15:39.53 616 2:29:54.43 966 1:24:40.13
173	Mosehla Nakene Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1815	8:10:27.5 481 4:11:58.74 886 2:52:15.10 448 1:06:13.74
174	Gerald Modiga Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2019	8:12:19.5 633 4:27:43.48 505 2:22:01.57 881 1:22:34.48
175	Obopeng Mosesane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1917	8:13:21.5 664 4:31:26.44 598 2:28:48.53 655 1:13:06.62
176	Rohit Bhoola Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2172	8:14:05.4 454 4:08:23.90 649 2:32:49.58 1069 1:32:51.97
177	Abbas Kigganda Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2071	8:15:43.4 640 4:27:50.46 545 2:25:16.64 886 1:22:36.34
178	Wayne Thomas Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2203	8:17:50.4 512 4:14:31.06 552 2:25:25.41 1139 1:37:53.98
179	Matsobane Setlatjile Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1794	8:18:01.3 823 4:48:42.74 515 2:22:48.41 456 1:06:30.21
180	Hendrik Pretorius Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2220	8:18:42.4 523 4:15:56.93 734 2:38:28.26 963 1:24:17.26
181	Selby Rasoesoe		19	Series Total:	2198	8:20:33.1

*Overall Place

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<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
181	Selby Rasoesoe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2198	8:20:33.1 478 4:11:50.98 820 2:45:29.74 900 1:23:12.45
182	Vincent Qwabe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2155	8:22:36.5 608 4:24:24.64 773 2:40:40.89 774 1:17:31.05
183	Agmat Badat Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2130	8:24:47.8 704 4:35:25.76 639 2:31:30.17 787 1:17:51.90
184	David Lubisi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2098	8:25:12.0 648 4:28:13.20 817 2:44:48.87 633 1:12:09.96
185	Riaan Van der Walt Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2112	8:27:57.9 729 4:38:33.05 691 2:35:19.09 692 1:14:05.83
186	Bernard Tabane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2360	8:28:00.4 446 4:07:59.88 743 2:39:37.03 1171 1:40:23.53
187	Manape Malebana Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2122	8:28:51.9 749 4:39:28.82 696 2:35:34.99 677 1:13:48.18
188	Bongani Mbatha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	1859	8:31:39.2 922 5:05:36.40 452 2:18:32.80 485 1:07:30.04
189	Kobe Mojapelo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2406	8:32:21.4 602 4:23:32.43 795 2:41:50.80 1009 1:26:58.23
190	Ricky Chauke Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2339	8:33:28.3 679 4:33:22.85 681 2:34:55.99 979 1:25:09.55
191	Michael Moremi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2301	8:34:13.4 741 4:39:27.15 629 2:30:41.58 931 1:24:04.69
192	Vincent Farrell Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2431	8:34:47.9 556 4:18:33.57 862 2:49:14.27 1013 1:27:00.06
193	Thomas Roos		19	Series Total:	2188	8:34:56.5

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
193	Thomas Roos Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2188	8:34:56.5 849 4:51:41.05 553 2:25:25.53 786 1:17:49.97
194	Robert Avery Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2435	8:35:08.5 503 4:13:47.30 830 2:46:01.75 1102 1:35:19.47
195	Mahlubandile Vuba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2368	8:36:23.0 694 4:34:46.57 578 2:27:12.96 1096 1:34:23.53
196	Wynand Van der Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2276	8:38:21.5 770 4:42:39.35 760 2:39:42.22 746 1:15:59.96
197	Ndwamato Livhuw Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2317	8:38:32.1 737 4:39:26.23 750 2:39:38.47 830 1:19:27.43
198	Lefa Gewu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2370	8:40:54.1 738 4:39:26.30 730 2:38:14.67 902 1:23:13.18
199	Diren Govinder Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2396	8:42:10.4 789 4:44:56.09 655 2:33:04.64 952 1:24:09.74
200	Sietse Van der Wal Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2318	8:42:12.6 860 4:52:16.85 623 2:30:17.89 835 1:19:37.87
201	Brad Carter Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2358	8:43:04.3 800 4:45:55.82 701 2:36:02.46 857 1:21:06.11
202	Mandla Coka Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2027	8:45:43.9 954 5:14:17.35 476 2:19:57.88 597 1:11:28.70
203	Tsietsi Mofokeng Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2530	8:48:40.9 756 4:39:31.30 683 2:34:57.38 1091 1:34:12.28
204	Joseph Thekiso Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2552	8:49:03.6 652 4:29:09.33 902 2:53:48.40 998 1:26:05.88
205	vusi skosana		19	Series Total:	2429	8:50:10.3

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
205	vusi skosana Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2429	8:50:10.3 829 4:49:31.34 782 2:41:32.76 818 1:19:06.25
206	Zolani Twani Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2595	8:52:09.3 699 4:34:53.48 788 2:41:46.11 1108 1:35:29.71
207	William Jiyane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2396	8:52:11.7 884 4:55:45.57 774 2:40:41.25 738 1:15:44.93
208	Tolamo Maubane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2546	8:52:45.7 783 4:44:24.02 693 2:35:29.17 1070 1:32:52.60
209	Percival Teta Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2623	8:56:38.4 740 4:39:27.00 711 2:36:47.38 1172 1:40:24.05
210	Zakhele Gumede Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2661	8:58:49.6 641 4:28:03.42 904 2:54:47.82 1116 1:35:58.42
211	Zuhir Mohammed Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2649	9:00:46.3 828 4:49:29.27 813 2:44:25.29 1008 1:26:51.81
212	Jaundre Jackson Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2676	9:01:00.6 727 4:38:05.01 846 2:47:35.43 1103 1:35:20.22
213	Willy Boloko Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2647	9:02:55.0 889 4:56:35.83 794 2:41:50.79 964 1:24:28.47
214	Francois Erasmus Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2674	9:02:58.4 871 4:53:39.67 799 2:42:49.54 1004 1:26:29.25
215	Edwin Oupa Senamela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2709	9:05:27.9 698 4:34:49.14 786 2:41:45.00 1225 1:48:53.82
216	Giepie Van Tonder Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2616	9:06:14.8 766 4:41:28.74 945 3:01:24.96 905 1:23:21.12
217	Jeremiah Gumede		19	Series Total:	2642	9:06:42.5

*Overall Place

Kosmos 3-in-1

Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
217	Jeremiah Gumede Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2642	9:06:42.5 894 4:56:43.51 829 2:45:56.97 919 1:24:02.07
218	Junaid Mohammed Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2752	9:07:11.3 715 4:36:29.99 874 2:51:54.23 1163 1:38:47.16
219	Camillus Fourie Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2753	9:16:51.1 914 5:02:55.53 712 2:36:47.81 1127 1:37:07.76
220	Nico Oelofse Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2659	9:23:13.4 940 5:10:53.86 893 2:52:54.95 826 1:19:24.61
221	Jan Barnard Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2886	9:24:47.1 891 4:56:36.26 903 2:53:57.79 1092 1:34:13.11
222	Thabo Mkhasibe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2825	9:31:50.3 682 4:33:45.51 993 3:19:42.31 1150 1:38:22.53
223	Gregg Palm Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2923	9:33:27.0 824 4:48:44.44 867 2:51:00.26 1232 1:53:42.33
224	Crispin Chetty Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2960	9:33:40.5 803 4:45:57.27 944 3:01:18.96 1213 1:46:24.28
225	Nicholas Yiangou Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2831	9:39:26.7 984 5:24:38.88 865 2:49:29.71 982 1:25:18.19
226	Stefan Bothma Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	3016	9:39:37.3 910 5:01:03.33 936 2:58:22.32 1170 1:40:11.72
227	Warren Graham Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2947	9:39:42.7 932 5:08:33.98 930 2:57:20.45 1085 1:33:48.28
228	Joseph Maartens Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		19	Series Total:	2878	9:43:57.0 970 5:22:29.72 877 2:52:03.39 1031 1:29:23.91
229	Mxolisi Mtshali		19	Series Total:	2997	9:51:30.3

*Overall Place

Kosmos 3-in-1 Open Male 19 to 39

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
229	Mxolisi Mtshali		19	Series Total:	2997	9:51:30.3
	Kosmos 3-in-1 (42km)				959	5:17:33.82
	Kosmos 3-in-1 (21km)				937	2:58:38.80
	Kosmos 3-in-1 (10km)				1101	1:35:17.71
230	Kobus Van Wyk		19	Series Total:	3011	9:53:16.1
	Kosmos 3-in-1 (42km)				973	5:22:31.91
	Kosmos 3-in-1 (21km)				883	2:52:06.40
	Kosmos 3-in-1 (10km)				1155	1:38:37.85
231	Mlamuli Mkalipi		19	Series Total:	3107	10:02:49.
	Kosmos 3-in-1 (42km)				926	5:06:06.55
	Kosmos 3-in-1 (21km)				981	3:13:14.71
	Kosmos 3-in-1 (10km)				1200	1:43:28.19
232	Nsizwa Charles Makhanya		19	Series Total:	3008	10:07:18.
	Kosmos 3-in-1 (42km)				964	5:21:06.53
	Kosmos 3-in-1 (21km)				986	3:14:22.01
	Kosmos 3-in-1 (10km)				1058	1:31:49.47
233	Thabo Manyane		19	Series Total:	3160	10:17:27.
	Kosmos 3-in-1 (42km)				953	5:14:16.71
	Kosmos 3-in-1 (21km)				983	3:14:17.02
	Kosmos 3-in-1 (10km)				1224	1:48:53.55
234	Denge Denge		19	Series Total:	3197	10:27:55.
	Kosmos 3-in-1 (42km)				1018	5:34:54.08
	Kosmos 3-in-1 (21km)				967	3:06:47.13
	Kosmos 3-in-1 (10km)				1212	1:46:14.71
235	Jacques Burger		19	Series Total:	1365	8:12:03.9
	Kosmos 3-in-1 (42km)				330	3:51:39.41
	Kosmos 3-in-1 (21km)				615	2:29:50.92
	Kosmos 3-in-1 (10km)				132	51:21.90
	Kosmos 3-in-1 (10km)				288	59:11.70

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Paul Mabena		40	Series Total:	160	5:14:28.2
	Kosmos 3-in-1 (42km)				42	2:52:15.58
	Kosmos 3-in-1 (21km)				66	1:37:18.19
	Kosmos 3-in-1 (10km)				52	44:54.49
2	Absalom Mthimunye		40	Series Total:	206	5:19:36.0
	Kosmos 3-in-1 (42km)				52	2:56:43.49
	Kosmos 3-in-1 (21km)				49	1:33:38.62
	Kosmos 3-in-1 (10km)				105	49:13.97
3	Tebogo Seroka		40	Series Total:	216	5:20:11.0
	Kosmos 3-in-1 (42km)				37	2:50:24.37
	Kosmos 3-in-1 (21km)				138	1:46:24.27
	Kosmos 3-in-1 (10km)				41	43:22.42
4	Jakobus De Jager		40	Series Total:	208	5:20:13.3
	Kosmos 3-in-1 (42km)				61	2:57:49.71
	Kosmos 3-in-1 (21km)				50	1:33:46.83
	Kosmos 3-in-1 (10km)				97	48:36.85
5	Niel Jacobs Dan Kritzinger		40	Series Total:	178	5:21:05.8
	Kosmos 3-in-1 (42km)				106	3:11:33.47

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
6	Niel Jacobs Dan Kritzinger Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	178	5:21:05.8 18 1:24:18.86 54 45:13.56
6	Mpho Ngoepe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	225	5:21:49.5 41 2:51:38.89 109 1:42:57.41 75 47:13.27
7	Luleka Goso Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	191	5:23:17.9 76 3:03:23.72 44 1:33:07.20 71 46:47.00
8	Matlhasela Matome Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	259	5:30:39.2 70 3:01:41.60 80 1:39:16.56 109 49:41.11
9	Dean Passmore Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	279	5:33:19.6 73 3:02:32.88 91 1:40:40.74 115 50:06.05
10	Michael Shongwe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	266	5:34:03.5 84 3:05:11.88 89 1:40:16.73 93 48:34.97
11	Ezekiel Kgopodimetse Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	402	5:37:32.3 64 2:58:09.48 101 1:42:01.46 237 57:21.45
12	Tsholo Kgaphola Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	407	5:42:23.0 55 2:57:01.96 166 1:50:45.43 186 54:35.65
13	Abel Dlamini Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	302	5:45:22.4 119 3:16:30.63 88 1:40:16.41 95 48:35.41
14	Hendrik Kotze Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	324	5:45:26.3 112 3:13:29.69 106 1:42:40.17 106 49:16.44
15	Dan Sekhu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	309	5:46:36.5 123 3:16:53.30 99 1:41:35.79 87 48:07.44
16	GEORGE MANAMELA Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	369	5:46:42.5 91 3:07:42.79 141 1:47:16.77 137 51:42.99
17	Lawrence Maphosa Kosmos 3-in-1 (42km)		40	Series Total:	348	5:46:47.4 110 3:12:45.52

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
18	Lawrence Maphosa Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	348	5:46:47.4 105 1:42:36.59 133 51:25.32
18	Mdutywa Mpondo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	320	5:47:14.3 147 3:20:14.25 71 1:37:57.65 102 49:02.42
19	Wonder Dlangamandla Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	493	5:48:39.5 54 2:56:50.89 211 1:54:45.63 228 57:03.02
20	Simon Makunyane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	363	5:51:40.0 120 3:16:42.22 112 1:43:37.68 131 51:20.14
21	WILLIE DU PREEZ Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	376	5:52:14.0 131 3:17:41.92 104 1:42:17.25 141 52:14.87
22	Sibusiso Vilane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	343	5:52:45.6 117 3:16:07.88 152 1:49:24.73 74 47:13.00
23	Theuns Coetzee Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	521	5:55:35.7 95 3:08:39.53 142 1:47:51.32 284 59:04.88
24	Mike Edgcumbe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	511	6:02:22.7 122 3:16:45.08 145 1:48:03.53 244 57:34.10
25	Bashier Mokoena Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	445	6:06:49.4 181 3:28:12.45 146 1:48:17.69 118 50:19.26
26	Jonas Fabo Nkam Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	613	6:08:03.5 118 3:16:20.31 154 1:49:47.77 341 1:01:55.48
27	Rasmus Swartz Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	524	6:11:33.6 168 3:25:01.55 179 1:52:07.05 177 54:25.09
28	Bongane Mabuza Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	573	6:12:22.6 162 3:23:59.10 169 1:50:55.51 242 57:28.02
29	Peter Masia Kosmos 3-in-1 (42km)		40	Series Total:	1311	6:13:28.3 28 2:47:05.07

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
30	Peter Masia Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1311	6:13:28.3 149 1:48:40.19 1134 1:37:43.05
30	Tseko Mabote Mabote Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	614	6:13:39.1 155 3:22:37.18 173 1:51:54.99 286 59:06.99
31	James Vena Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	538	6:14:51.4 182 3:28:19.23 178 1:52:06.95 178 54:25.30
32	Hlupho Mthabela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	584	6:18:51.9 188 3:30:06.42 174 1:51:55.13 222 56:50.42
33	Dumisane Mkhwanazi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	519	6:20:31.4 258 3:41:49.80 147 1:48:35.95 114 50:05.74
34	Maraile Mashabela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	692	6:21:58.0 172 3:25:53.39 229 1:56:37.57 291 59:27.05
35	Benjy Mfolo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	663	6:28:13.7 231 3:36:50.71 205 1:54:20.80 227 57:02.25
36	Benjamin Mekgoe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	774	6:29:29.1 212 3:33:51.57 187 1:52:40.02 375 1:02:57.51
37	Cyprian Mtshali Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	719	6:30:31.1 201 3:32:21.09 263 2:00:12.20 255 57:57.85
38	Mokgong Masike Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	718	6:32:36.0 224 3:35:30.02 256 1:59:42.72 238 57:23.31
39	Musawenkosi Vilakazi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	687	6:32:37.5 255 3:41:23.34 208 1:54:21.94 224 56:52.29
40	Samuel Skeva Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	798	6:35:31.3 195 3:31:34.21 283 2:02:40.50 320 1:01:16.68
41	Zakhele Mdlalose Kosmos 3-in-1 (42km)		40	Series Total:	1059	6:35:46.1 146 3:19:53.99

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
42	Zakhele Mdlalose Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1059	6:35:46.1 293 2:03:54.66 620 1:11:57.49
42	Reinier Nel Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	824	6:35:54.0 241 3:37:50.92 223 1:55:28.81 360 1:02:34.34
43	Itumeleng Matshaba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	728	6:38:04.6 296 3:47:53.68 183 1:52:27.36 249 57:43.57
44	Isaiah Peete Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	817	6:38:07.2 259 3:42:09.88 192 1:53:18.48 366 1:02:38.88
45	Cherryboy Nirghin Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	741	6:38:39.1 252 3:39:47.90 288 2:03:07.88 201 55:43.33
46	Anwer Madhi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1001	6:39:34.2 108 3:12:28.22 539 2:24:44.81 354 1:02:21.26
47	Segoati Mahlangu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	813	6:44:04.4 257 3:41:38.94 294 2:04:06.01 262 58:19.49
48	MPHO TSOTETSI Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	793	6:49:30.0 266 3:44:50.81 427 2:15:49.23 100 48:50.02
49	Nakedi Mashao Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1123	6:49:54.7 139 3:19:13.38 530 2:24:12.55 454 1:06:28.83
50	Piet Schoeman Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	871	6:51:10.1 298 3:48:16.36 291 2:03:49.52 282 59:04.31
51	Jeremia Heiman Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	972	6:56:16.2 302 3:48:34.51 298 2:04:49.13 372 1:02:52.63
52	Siphiwe Hope Selepe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1056	6:58:15.1 305 3:49:00.42 279 2:02:11.19 472 1:07:03.58
53	Sello Maema Kosmos 3-in-1 (42km)		40	Series Total:	1023	6:58:22.6 291 3:47:26.97

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
54	Sello Maema Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1023	6:58:22.6 308 2:05:43.17 424 1:05:12.55
54	Andy Danster Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	888	7:01:26.0 466 4:10:11.21 227 1:55:58.46 195 55:16.33
55	Nkosana Mabizela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	923	7:04:11.3 403 4:01:20.07 316 2:06:56.95 204 55:54.36
56	Mehmood Patel Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1133	7:05:07.6 245 3:38:07.38 536 2:24:41.76 352 1:02:18.55
57	Arthur Radebe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1243	7:08:59.5 270 3:45:27.75 377 2:12:03.60 596 1:11:28.19
58	Pieter Mokgomogane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1097	7:11:02.1 380 3:57:37.42 349 2:10:39.76 368 1:02:44.93
59	Siphiwe Mchunu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1109	7:12:52.2 317 3:50:25.22 534 2:24:26.51 258 58:00.51
60	Patrick Davids Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1281	7:13:24.9 313 3:49:54.23 375 2:12:02.67 593 1:11:28.04
61	Mabowe Sekhukhune Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1169	7:13:32.7 494 4:13:13.19 189 1:52:45.84 486 1:07:33.74
62	Martin Cawood Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1070	7:14:46.9 436 4:05:51.67 330 2:08:46.15 304 1:00:09.13
63	Setty Ndaba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1011	7:15:41.1 644 4:28:09.25 201 1:54:09.01 166 53:22.86
64	Jonathan Kekana Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1028	7:17:59.7 476 4:11:50.57 336 2:09:44.50 216 56:24.69
65	Thabani Mhlongo Kosmos 3-in-1 (42km)		40	Series Total:	1227	7:18:11.6 349 3:54:37.96

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
66	Thabani Mhlongo Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1227	7:18:11.6 438 2:17:38.73 440 1:05:54.94
66	Maxwell Sodwana Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1414	7:18:16.5 267 3:45:14.45 456 2:18:58.71 691 1:14:03.41
67	Chris Koch Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1150	7:18:50.1 487 4:12:52.36 280 2:02:33.79 383 1:03:24.04
68	May Mnisi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1325	7:21:31.1 340 3:53:39.72 451 2:18:23.47 534 1:09:27.97
69	Cyprian Mngadi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1369	7:23:23.0 328 3:51:28.63 517 2:22:49.09 524 1:09:05.37
70	Didimalang Senna Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1255	7:23:35.6 432 4:05:25.65 353 2:11:07.16 470 1:07:02.88
71	Wikus Erasmus Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1110	7:25:25.1 558 4:18:53.29 361 2:11:32.84 191 54:58.98
72	Tobie Reyneke Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1261	7:25:27.5 430 4:05:22.76 415 2:15:09.03 416 1:04:55.79
73	Mike Meyer Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1220	7:25:37.2 451 4:08:09.63 413 2:15:04.28 356 1:02:23.34
74	Thandwangubani Nxumalo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1440	7:30:14.0 361 3:55:52.54 535 2:24:35.79 544 1:09:45.70
75	Jerome Van Boomen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1453	7:30:21.4 389 3:58:27.15 488 2:21:03.12 576 1:10:51.17
76	Bernard Matela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1238	7:31:28.5 557 4:18:52.07 352 2:11:04.87 329 1:01:31.60
77	Vusumuzi Gumede Kosmos 3-in-1 (42km)		40	Series Total:	1725	7:34:45.1 377 3:57:22.47

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
78	Vusumuzi Gumede Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1725	7:34:45.1 360 2:11:29.01 988 1:25:53.68
78	Monde Quvane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1569	7:36:58.1 409 4:02:13.90 487 2:21:03.11 673 1:13:41.11
79	Tokyo Mavubo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1615	7:37:22.4 376 3:57:13.79 570 2:26:29.39 669 1:13:39.25
80	Koos Vaughan Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1355	7:38:06.3 541 4:16:18.95 466 2:19:40.40 348 1:02:06.97
81	Mafihle Phasha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1418	7:38:11.5 483 4:12:40.20 446 2:17:55.97 489 1:07:35.37
82	Innocent Xaba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1628	7:39:22.7 427 4:04:20.50 458 2:19:03.55 743 1:15:58.72
83	Ernest Majiya Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1615	7:39:24.4 336 3:53:20.05 676 2:34:32.81 603 1:11:31.59
84	Maxwell Williams Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1491	7:41:36.0 529 4:16:04.67 430 2:16:07.85 532 1:09:23.56
85	Doctor Patrick Masina Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1448	7:42:48.2 534 4:16:05.75 496 2:21:40.39 418 1:05:02.10
86	Vusumuzi Macu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1404	7:43:19.1 613 4:25:48.22 390 2:13:24.77 401 1:04:06.19
87	Lazarus Masako Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1852	7:44:16.4 381 3:57:41.85 484 2:20:42.18 987 1:25:52.42
88	Mojalefa Mohoto Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1674	7:44:21.5 445 4:07:56.03 478 2:20:02.13 751 1:16:23.41
89	Baphiwe Ngubane Kosmos 3-in-1 (42km)		40	Series Total:	1570	7:45:31.1 477 4:11:50.80

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
90	Baphiwe Ngubane Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1570	7:45:31.1 518 2:22:50.02 575 1:10:50.32
90	Chaka Ndou Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1656	7:48:14.1 453 4:08:22.31 589 2:28:06.03 614 1:11:45.81
91	Emmanuel Shezi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1712	7:49:37.5 479 4:11:51.33 516 2:22:48.68 717 1:14:57.49
92	Musa Mgemane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1607	7:49:49.6 493 4:13:05.81 577 2:27:10.64 537 1:09:33.23
93	Tony Green Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1716	7:51:35.1 474 4:11:39.03 566 2:26:11.00 676 1:13:45.14
94	Godfrey Makgatholela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1927	7:52:08.1 329 3:51:29.82 781 2:41:32.31 817 1:19:06.06
95	Eric Rahn Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1472	7:53:17.3 660 4:29:50.43 555 2:25:27.54 257 57:59.35
96	Theuns Strecker Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1572	7:54:30.5 654 4:29:10.15 454 2:18:34.84 464 1:06:45.51
97	Peter Ramaboa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1645	7:54:57.4 576 4:21:08.11 529 2:24:09.02 540 1:09:40.30
98	Martin Swate Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1754	7:54:58.7 429 4:04:57.27 768 2:39:57.40 557 1:10:04.12
99	Mkhabela William Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1821	7:55:01.3 504 4:13:55.38 508 2:22:11.34 809 1:18:54.63
100	Petros Vilakazi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1852	7:55:29.4 282 3:46:29.22 922 2:56:19.43 648 1:12:40.83
101	Donovan De Leeuw Kosmos 3-in-1 (42km)		40	Series Total:	1938	7:56:59.9 536 4:16:06.32

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
102	Donovan De Leeuw Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1938	7:56:59.9 425 2:15:45.17 977 1:25:08.46
102	Shane Crampton Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1905	7:57:47.0 455 4:08:29.30 610 2:29:27.28 840 1:19:50.42
103	Darryl Goosen Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1881	7:58:35.6 516 4:15:05.30 511 2:22:26.84 854 1:21:03.55
104	Njingama Malaza Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1848	7:58:51.4 402 4:00:59.15 827 2:45:55.19 619 1:11:57.10
105	Lwazi Mosheqane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1856	7:59:36.5 404 4:01:41.94 826 2:45:54.58 626 1:12:00.02
106	Success Stanley Zitha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1754	7:59:43.0 555 4:18:33.16 622 2:30:17.86 577 1:10:52.07
107	Moses Mbethe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2061	8:01:26.0 405 4:01:43.00 675 2:34:32.65 981 1:25:10.41
108	Walter Dhlamini Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1816	8:01:56.3 583 4:22:09.57 565 2:26:07.88 668 1:13:38.94
109	Stanley Thompson Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1886	8:02:25.5 537 4:16:06.74 638 2:31:28.78 711 1:14:50.03
110	Malose Lebezo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1910	8:02:30.9 480 4:11:53.95 652 2:33:00.60 778 1:17:36.38
111	Donald Shai Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1770	8:03:03.0 533 4:16:05.35 757 2:39:40.99 480 1:07:16.72
112	Themba Twala Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1633	8:05:40.3 819 4:48:22.05 347 2:10:27.72 467 1:06:50.54
113	Terence Ndzumeni Kosmos 3-in-1 (42km)		40	Series Total:	1824	8:07:19.1 639 4:27:49.36

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
114	Terence Ndzumeni Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1824	8:07:19.1 587 2:28:00.62 598 1:11:29.19
114	Calvin Smith Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1914	8:08:25.9 567 4:19:45.18 706 2:36:23.22 641 1:12:17.57
115	Kotokwane Nelson Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2181	8:08:28.6 358 3:55:44.99 665 2:34:02.56 1158 1:38:41.05
116	Dennis Nduli Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1909	8:09:05.5 616 4:25:56.45 595 2:28:39.40 698 1:14:29.74
117	Victor Ngobeni Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1821	8:11:35.4 691 4:34:31.74 572 2:26:53.30 558 1:10:10.43
118	Samuel Modise Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1995	8:12:31.7 637 4:27:47.09 574 2:27:03.20 784 1:17:41.46
119	Simphiwe Zuma Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1965	8:13:13.7 626 4:27:00.62 645 2:31:56.12 694 1:14:17.00
120	Bobby Letsoalo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2070	8:16:05.8 642 4:28:08.46 549 2:25:23.90 879 1:22:33.53
121	Johannes Malaza Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2241	8:16:56.6 324 3:50:48.04 688 2:35:07.11 1229 1:51:01.47
122	Nazeer Bulbulia Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1945	8:19:13.3 750 4:39:29.06 590 2:28:12.17 605 1:11:32.16
123	Riaan Haas Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2070	8:21:39.6 662 4:30:33.80 705 2:36:22.78 703 1:14:43.09
124	Motlatsi Ramakatana Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2279	8:22:22.4 468 4:10:31.29 736 2:38:39.72 1075 1:33:11.47
125	Kingsley Malebo Kosmos 3-in-1 (42km)		40	Series Total:	2182	8:22:24.8 603 4:23:47.12

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
126	Kingsley Malebo Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2182	8:22:24.8 704 2:36:22.38 875 1:22:15.31
126	George Tema Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2299	8:24:12.1 490 4:12:55.54 753 2:39:39.20 1056 1:31:37.44
127	Corne Boshoff Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2126	8:24:15.8 665 4:31:34.59 702 2:36:05.25 759 1:16:36.05
128	Otto Knabl Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	1993	8:25:27.0 775 4:43:18.95 636 2:31:06.64 582 1:11:01.47
129	Simon Motau Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2095	8:25:35.9 707 4:35:46.92 686 2:35:06.34 702 1:14:42.65
130	Samuel Khosa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2253	8:25:45.6 594 4:23:24.31 732 2:38:17.42 927 1:24:03.95
131	Sean McKay Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2016	8:26:23.8 690 4:34:13.65 808 2:43:22.89 518 1:08:47.33
132	Sizo Moshe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2236	8:26:39.0 589 4:22:46.80 810 2:44:09.90 837 1:19:42.36
133	Meshack-oupa Ndhlovu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2359	8:26:46.0 459 4:09:18.06 767 2:39:45.35 1133 1:37:42.65
134	Azwinndini Khampha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2316	8:27:35.7 595 4:23:24.37 731 2:38:16.81 990 1:25:54.60
135	Tsatsi Mokgotsi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2269	8:28:40.0 625 4:26:55.67 726 2:37:43.50 918 1:24:00.88
136	Letshego Komane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2227	8:30:17.8 693 4:34:46.05 685 2:34:58.23 849 1:20:33.58
137	Petrus Molefe Kosmos 3-in-1 (42km)		40	Series Total:	2279	8:31:01.1 711 4:36:09.47

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
138	Petrus Molefe Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2279	8:31:01.1 630 2:30:45.71 938 1:24:05.98
138	Francis Tease Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2407	8:32:22.3 601 4:23:32.32 796 2:41:51.05 1010 1:26:58.97
139	Brendan Damons Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2190	8:32:31.7 728 4:38:24.87 737 2:38:51.38 725 1:15:15.49
140	Obakeng Pienaar Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2191	8:32:38.1 764 4:41:26.19 697 2:35:47.12 730 1:15:24.81
141	Velod Govindsamy Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2318	8:32:43.6 673 4:33:02.76 694 2:35:31.50 951 1:24:09.36
142	Charl Cilliers Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2339	8:33:26.6 678 4:33:14.06 667 2:34:10.48 994 1:26:02.08
143	Matthys Pretorius Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2316	8:37:03.2 758 4:39:32.30 729 2:38:05.56 829 1:19:25.37
144	Nhleko Isaac Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2344	8:38:49.1 784 4:44:25.72 624 2:30:17.94 936 1:24:05.46
145	Khashane Manamela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2289	8:41:48.4 835 4:50:08.27 659 2:33:22.05 795 1:18:18.12
146	Sehlabi Lesese Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2290	8:41:51.4 836 4:50:09.88 660 2:33:24.27 794 1:18:17.27
147	Dawid Mohlala Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2456	8:43:20.1 747 4:39:28.51 756 2:39:40.98 953 1:24:10.67
148	Leon Schoenfeldt Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2294	8:45:48.9 895 4:56:47.77 654 2:33:01.32 745 1:15:59.86
149	Matlabe Mokgoro Kosmos 3-in-1 (42km)		40	Series Total:	2480	8:46:34.6 627 4:27:07.20

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
150	Matlabe Mokgoro Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2480	8:46:34.6 626 2:30:31.23 1227 1:48:56.26
150	Mzwandile Khoba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2380	8:46:57.1 845 4:51:23.46 651 2:32:57.83 884 1:22:35.81
151	Yasien Sarlie Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2399	8:49:00.4 745 4:39:28.18 875 2:51:54.51 779 1:17:37.76
152	Craig Waite Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2560	8:50:23.7 685 4:33:50.61 860 2:49:12.66 1015 1:27:20.47
153	Harry Hlatywayo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2500	8:52:34.7 826 4:48:52.69 741 2:39:37.00 933 1:24:05.04
154	Peet Neethling Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2552	8:52:56.3 804 4:45:57.86 707 2:36:42.29 1041 1:30:16.24
155	Nkoro Molepo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2566	8:55:32.0 774 4:43:15.86 855 2:48:10.64 937 1:24:05.56
156	Nokuthula Matunjwa Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2569	8:55:49.4 732 4:39:25.06 887 2:52:15.35 950 1:24:09.03
157	Jabulani Makhoba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2653	9:00:06.3 771 4:42:44.69 709 2:36:46.14 1173 1:40:35.56
158	Thomas Lambani Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2732	9:04:12.4 709 4:36:04.92 864 2:49:25.82 1159 1:38:41.68
159	Bongani Memela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2667	9:05:47.8 862 4:52:31.43 859 2:49:08.62 946 1:24:07.82
160	Marjus Botha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2714	9:09:27.4 892 4:56:37.16 848 2:47:42.70 974 1:25:07.55
161	Jimmy Masango Kosmos 3-in-1 (42km)		40	Series Total:	2790	9:13:07.7 827 4:49:23.87

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
162	Jimmy Masango Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2790	9:13:07.7 856 2:48:14.63 1107 1:35:29.27
162	Vusumuzi Thwala Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2449	9:15:39.9 995 5:25:44.70 618 2:30:16.92 836 1:19:38.31
163	Thomas Motaung Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2582	9:20:05.2 692 4:34:35.03 994 3:22:20.04 896 1:23:10.19
164	Collen Williams Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2847	9:20:09.8 822 4:48:37.40 916 2:56:02.14 1109 1:35:30.33
165	VUYO MBULI Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2805	9:29:00.1 929 5:07:51.51 658 2:33:21.89 1218 1:47:46.77
166	Samfana Mahlangu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2930	9:29:21.4 818 4:48:09.91 951 3:02:26.84 1161 1:38:44.70
167	Kevin Feldman Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2985	9:40:45.5 886 4:56:03.25 868 2:51:00.35 1231 1:53:41.94
168	Mzwandile Chris Ngcobo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2899	9:45:34.7 966 5:22:26.37 885 2:52:14.64 1048 1:30:53.69
169	Mahlangu DaddyAlfred Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	2916	9:47:56.5 868 4:53:09.74 996 3:23:26.10 1052 1:31:20.73
170	Thamsanqa Sidzamba Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3065	9:49:23.5 890 4:56:36.13 961 3:06:22.81 1214 1:46:24.59
171	Sipho Mtolo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3073	9:58:39.7 925 5:06:05.96 982 3:13:14.88 1166 1:39:18.92
172	Donovan Williams Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3130	10:13:16. 1016 5:34:08.16 932 2:57:42.20 1182 1:41:25.82
173	Victor Maringa Kosmos 3-in-1 (42km)		40	Series Total:	3006	10:15:38. 1029 5:48:25.39

*Overall Place

Kosmos 3-in-1

Veteran Male 40 to 49

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
174	Victor Maringa Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3006	10:15:38. 873 2:51:44.64 1104 1:35:27.97
174	Wellington Morapeli Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3135	10:18:34. 933 5:09:39.96 1001 3:25:12.09 1201 1:43:42.68
175	Saville Riberts Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3155	10:21:27. 985 5:24:39.60 987 3:15:21.79 1183 1:41:25.84
176	Gambu Nombisuthu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3173	10:24:58. 965 5:21:16.80 973 3:09:46.88 1235 1:53:54.97
177	Abraham G Sobinase Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3120	10:26:02. 1023 5:36:58.94 980 3:13:02.77 1117 1:36:00.60
178	Duma Nkosi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		40	Series Total:	3177	10:26:07. 1022 5:34:56.66 971 3:09:41.01 1184 1:41:29.57

Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Israel Madibana Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	387	5:12:37.6 22 2:43:40.27 25 1:27:02.32 340 1:01:55.09
2	Moses Motshabi Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	277	5:31:02.8 78 3:03:34.68 52 1:34:58.36 147 52:29.80
3	Sonny Leopeng Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	372	5:46:54.2 104 3:10:59.31 107 1:42:46.38 161 53:08.60
4	Bethuel Mlambo Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	435	6:02:14.2 169 3:25:02.81 127 1:45:20.61 139 51:50.79
5	Sydney Radebe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	457	6:04:31.5 179 3:27:29.36 114 1:43:46.97 164 53:15.18
6	Lukas Van der Merwe Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		50	Series Total:	522	6:07:59.3 148 3:20:21.96 190 1:53:03.66 184 54:33.71

*Overall Place

Kosmos 3-in-1
Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
7	Theo Bohnen		50	Series Total:	525	6:09:08.0
	Kosmos 3-in-1 (42km)				525	159 3:23:26.50
	Kosmos 3-in-1 (21km)					151 1:49:18.54
	Kosmos 3-in-1 (10km)					215 56:23.01
8	Thabiso Motaung		50	Series Total:	529	6:09:19.6
	Kosmos 3-in-1 (42km)					151 3:21:08.07
	Kosmos 3-in-1 (21km)					218 1:55:07.41
	Kosmos 3-in-1 (10km)					160 53:04.13
9	Collin Palmer		50	Series Total:	721	6:13:04.3
	Kosmos 3-in-1 (42km)					124 3:17:01.14
	Kosmos 3-in-1 (21km)					160 1:50:19.14
	Kosmos 3-in-1 (10km)					437 1:05:44.10
10	MOSHABANE TLADI		50	Series Total:	617	6:23:21.4
	Kosmos 3-in-1 (42km)					204 3:32:48.41
	Kosmos 3-in-1 (21km)					210 1:54:41.35
	Kosmos 3-in-1 (10km)					203 55:51.72
11	Bheki Msimango		50	Series Total:	621	6:26:20.7
	Kosmos 3-in-1 (42km)					251 3:39:47.76
	Kosmos 3-in-1 (21km)					168 1:50:49.60
	Kosmos 3-in-1 (10km)					202 55:43.36
12	Neels Schoeman		50	Series Total:	617	6:26:28.6
	Kosmos 3-in-1 (42km)					260 3:42:20.06
	Kosmos 3-in-1 (21km)					143 1:47:51.42
	Kosmos 3-in-1 (10km)					214 56:17.17
13	Joos Massym		50	Series Total:	618	6:33:27.7
	Kosmos 3-in-1 (42km)					346 3:54:09.29
	Kosmos 3-in-1 (21km)					148 1:48:39.99
	Kosmos 3-in-1 (10km)					124 50:38.42
14	Stephen Meijers		50	Series Total:	753	6:39:34.4
	Kosmos 3-in-1 (42km)					272 3:45:32.63
	Kosmos 3-in-1 (21km)					228 1:56:15.31
	Kosmos 3-in-1 (10km)					253 57:46.53
15	James Kwena		50	Series Total:	800	6:41:08.3
	Kosmos 3-in-1 (42km)					274 3:45:34.14
	Kosmos 3-in-1 (21km)					213 1:54:57.19
	Kosmos 3-in-1 (10km)					313 1:00:37.06
16	John Lebakeng		50	Series Total:	1166	6:45:12.7
	Kosmos 3-in-1 (42km)					163 3:24:07.72
	Kosmos 3-in-1 (21km)					318 2:07:06.20
	Kosmos 3-in-1 (10km)					685 1:13:58.85
17	Meshack Nkopane		50	Series Total:	913	6:45:26.6
	Kosmos 3-in-1 (42km)					238 3:37:29.98
	Kosmos 3-in-1 (21km)					295 2:04:34.46
	Kosmos 3-in-1 (10km)					380 1:03:22.16
18	Wessel Bhayi		50	Series Total:	902	6:46:38.5
	Kosmos 3-in-1 (42km)					216 3:34:36.14
	Kosmos 3-in-1 (21km)					341 2:10:01.88
	Kosmos 3-in-1 (10km)					345 1:02:00.55

*Overall Place

Kosmos 3-in-1
Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
19	Wicus Van de Venter		50	Series Total:	823	6:47:03.3
	Kosmos 3-in-1 (42km)				823	327 3:51:25.49
	Kosmos 3-in-1 (21km)					240 1:57:39.13
	Kosmos 3-in-1 (10km)					256 57:58.76
20	Aaron Mahlangu		50	Series Total:	799	6:52:53.4
	Kosmos 3-in-1 (42km)					671 4:32:55.50
	Kosmos 3-in-1 (21km)					36 1:31:27.71
	Kosmos 3-in-1 (10km)					92 48:30.22
21	Matome Radmaotswa		50	Series Total:	1070	6:53:59.6
	Kosmos 3-in-1 (42km)					248 3:39:07.27
	Kosmos 3-in-1 (21km)					311 2:06:14.22
	Kosmos 3-in-1 (10km)					511 1:08:38.19
22	Angus Hudson		50	Series Total:	1442	6:56:20.8
	Kosmos 3-in-1 (42km)					213 3:33:59.23
	Kosmos 3-in-1 (21km)					209 1:54:30.47
	Kosmos 3-in-1 (10km)					1020 1:27:51.19
23	Riaan Venter		50	Series Total:	928	6:56:25.0
	Kosmos 3-in-1 (42km)					351 3:54:49.16
	Kosmos 3-in-1 (21km)					268 2:01:04.22
	Kosmos 3-in-1 (10km)					309 1:00:31.71
24	Madinga Dube		50	Series Total:	962	6:59:21.7
	Kosmos 3-in-1 (42km)					352 3:54:52.61
	Kosmos 3-in-1 (21km)					289 2:03:08.14
	Kosmos 3-in-1 (10km)					321 1:01:21.00
25	Elvis Niekerk		50	Series Total:	948	7:01:12.1
	Kosmos 3-in-1 (42km)					355 3:55:15.11
	Kosmos 3-in-1 (21km)					317 2:07:00.38
	Kosmos 3-in-1 (10km)					276 58:56.61
26	Titus Vala		50	Series Total:	1092	7:01:31.8
	Kosmos 3-in-1 (42km)					304 3:48:46.23
	Kosmos 3-in-1 (21km)					306 2:05:26.20
	Kosmos 3-in-1 (10km)					482 1:07:19.43
27	Thabo Chabane		50	Series Total:	1029	7:01:48.8
	Kosmos 3-in-1 (42km)					285 3:46:49.53
	Kosmos 3-in-1 (21km)					368 2:12:01.31
	Kosmos 3-in-1 (10km)					376 1:02:57.98
28	Bernard Ndou		50	Series Total:	1406	7:11:35.4
	Kosmos 3-in-1 (42km)					294 3:47:34.24
	Kosmos 3-in-1 (21km)					307 2:05:26.67
	Kosmos 3-in-1 (10km)					805 1:18:34.54
29	Kebualemang Kotola		50	Series Total:	1222	7:12:35.9
	Kosmos 3-in-1 (42km)					316 3:50:22.47
	Kosmos 3-in-1 (21km)					385 2:13:18.60
	Kosmos 3-in-1 (10km)					521 1:08:54.84
30	Christian Goosen		50	Series Total:	969	7:12:54.6
	Kosmos 3-in-1 (42km)					517 4:15:05.71
	Kosmos 3-in-1 (21km)					304 2:05:17.00
	Kosmos 3-in-1 (10km)					148 52:31.91

*Overall Place

Kosmos 3-in-1
Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
31	Nkeke Ranamane		50	Series Total:	1412	7:15:53.0
	Kosmos 3-in-1 (42km)				1412	280 3:46:28.65
	Kosmos 3-in-1 (21km)					391 2:13:28.33
	Kosmos 3-in-1 (10km)					741 1:15:56.08
32	Toine Van den Oever		50	Series Total:	1114	7:16:32.6
	Kosmos 3-in-1 (42km)					407 4:01:51.40
	Kosmos 3-in-1 (21km)					393 2:13:51.01
	Kosmos 3-in-1 (10km)					314 1:00:50.26
33	Lethekgal Kgomo		50	Series Total:	1358	7:17:54.4
	Kosmos 3-in-1 (42km)					279 3:46:28.26
	Kosmos 3-in-1 (21km)					475 2:19:54.37
	Kosmos 3-in-1 (10km)					604 1:11:31.81
34	Tsepiso Mpuru		50	Series Total:	1307	7:21:37.8
	Kosmos 3-in-1 (42km)					345 3:54:08.37
	Kosmos 3-in-1 (21km)					479 2:20:06.71
	Kosmos 3-in-1 (10km)					483 1:07:22.79
35	Hennie Oosthuizen		50	Series Total:	1116	7:22:49.9
	Kosmos 3-in-1 (42km)					507 4:14:08.78
	Kosmos 3-in-1 (21km)					348 2:10:30.79
	Kosmos 3-in-1 (10km)					261 58:10.34
36	Buthi Ngwenya		50	Series Total:	1407	7:22:59.7
	Kosmos 3-in-1 (42km)					399 3:59:39.27
	Kosmos 3-in-1 (21km)					334 2:09:37.37
	Kosmos 3-in-1 (10km)					674 1:13:43.11
37	Nathaniel Thage		50	Series Total:	1300	7:24:01.3
	Kosmos 3-in-1 (42km)					386 3:58:12.38
	Kosmos 3-in-1 (21km)					480 2:20:12.76
	Kosmos 3-in-1 (10km)					434 1:05:36.24
38	Amos Rangata		50	Series Total:	1202	7:26:47.2
	Kosmos 3-in-1 (42km)					486 4:12:47.81
	Kosmos 3-in-1 (21km)					358 2:11:27.77
	Kosmos 3-in-1 (10km)					358 1:02:31.71
39	Steven Van Dyk		50	Series Total:	1598	7:27:41.5
	Kosmos 3-in-1 (42km)					347 3:54:21.94
	Kosmos 3-in-1 (21km)					339 2:09:53.66
	Kosmos 3-in-1 (10km)					912 1:23:25.93
40	Andrew Chiloane		50	Series Total:	1422	7:27:49.8
	Kosmos 3-in-1 (42km)					398 3:59:38.51
	Kosmos 3-in-1 (21km)					432 2:16:43.79
	Kosmos 3-in-1 (10km)					592 1:11:27.52
41	Dawie Du Toit		50	Series Total:	1409	7:35:03.4
	Kosmos 3-in-1 (42km)					457 4:08:52.95
	Kosmos 3-in-1 (21km)					437 2:17:24.86
	Kosmos 3-in-1 (10km)					515 1:08:45.59
42	Dave Sathikge		50	Series Total:	1471	7:35:52.3
	Kosmos 3-in-1 (42km)					438 4:05:55.51
	Kosmos 3-in-1 (21km)					460 2:19:09.20
	Kosmos 3-in-1 (10km)					573 1:10:47.60

*Overall Place

Kosmos 3-in-1
Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
43	Johnny Van der Walt		50	Series Total:	1401	7:35:59.4
	Kosmos 3-in-1 (42km)				1401	471 4:10:58.07
	Kosmos 3-in-1 (21km)					436 2:17:10.06
	Kosmos 3-in-1 (10km)					494 1:07:51.27
44	MKHULU		50	Series Total:	1399	7:36:02.5
	Kosmos 3-in-1 (42km)					538 4:16:09.23
	Kosmos 3-in-1 (21km)					364 2:11:59.66
	Kosmos 3-in-1 (10km)					497 1:07:53.65
45	Richard Metsoamere		50	Series Total:	1649	7:37:59.4
	Kosmos 3-in-1 (42km)					379 3:57:30.41
	Kosmos 3-in-1 (21km)					560 2:25:40.21
	Kosmos 3-in-1 (10km)					710 1:14:48.85
46	David Dilebo		50	Series Total:	1374	7:38:03.0
	Kosmos 3-in-1 (42km)					579 4:21:20.76
	Kosmos 3-in-1 (21km)					344 2:10:20.48
	Kosmos 3-in-1 (10km)					451 1:06:21.80
47	Eric Economon		50	Series Total:	1365	7:39:47.1
	Kosmos 3-in-1 (42km)					610 4:24:58.88
	Kosmos 3-in-1 (21km)					351 2:10:41.15
	Kosmos 3-in-1 (10km)					404 1:04:07.14
48	Keith Fisher		50	Series Total:	1364	7:39:47.3
	Kosmos 3-in-1 (42km)					611 4:24:59.33
	Kosmos 3-in-1 (21km)					350 2:10:40.89
	Kosmos 3-in-1 (10km)					403 1:04:07.13
49	Andre Kok		50	Series Total:	1680	7:44:27.4
	Kosmos 3-in-1 (42km)					573 4:20:40.98
	Kosmos 3-in-1 (21km)					305 2:05:18.44
	Kosmos 3-in-1 (10km)					802 1:18:28.00
50	Deon Stumke		50	Series Total:	1521	7:45:49.8
	Kosmos 3-in-1 (42km)					565 4:19:23.62
	Kosmos 3-in-1 (21km)					440 2:17:40.01
	Kosmos 3-in-1 (10km)					516 1:08:46.18
51	Werner Buys		50	Series Total:	1432	7:49:01.6
	Kosmos 3-in-1 (42km)					656 4:29:21.13
	Kosmos 3-in-1 (21km)					445 2:17:55.39
	Kosmos 3-in-1 (10km)					331 1:01:45.11
52	Isaak Mabula		50	Series Total:	1412	7:49:03.4
	Kosmos 3-in-1 (42km)					857 4:52:06.09
	Kosmos 3-in-1 (21km)					217 1:55:06.80
	Kosmos 3-in-1 (10km)					338 1:01:50.51
53	George Seriteng		50	Series Total:	1716	7:51:08.4
	Kosmos 3-in-1 (42km)					511 4:14:28.08
	Kosmos 3-in-1 (21km)					501 2:21:56.73
	Kosmos 3-in-1 (10km)					704 1:14:43.61
54	Lawrence Dhlamini		50	Series Total:	1614	7:58:26.8
	Kosmos 3-in-1 (42km)					629 4:27:22.80
	Kosmos 3-in-1 (21km)					547 2:25:17.14
	Kosmos 3-in-1 (10km)					438 1:05:46.94

*Overall Place

Kosmos 3-in-1
Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
55	Austin Kelsey		50	Series Total:	1786	7:58:37.6
	Kosmos 3-in-1 (42km)				586	4:22:28.87
	Kosmos 3-in-1 (21km)				493	2:21:21.75
	Kosmos 3-in-1 (10km)				707	1:14:47.02
56	Shadrack Khoza		50	Series Total:	1783	8:02:51.2
	Kosmos 3-in-1 (42km)				650	4:28:46.15
	Kosmos 3-in-1 (21km)				497	2:21:53.00
	Kosmos 3-in-1 (10km)				636	1:12:12.07
57	Ronnie Lapshe		50	Series Total:	1999	8:11:36.8
	Kosmos 3-in-1 (42km)				604	4:23:56.81
	Kosmos 3-in-1 (21km)				627	2:30:39.13
	Kosmos 3-in-1 (10km)				768	1:17:00.91
58	Chico Subramanian		50	Series Total:	2061	8:13:23.5
	Kosmos 3-in-1 (42km)				676	4:33:03.51
	Kosmos 3-in-1 (21km)				431	2:16:09.04
	Kosmos 3-in-1 (10km)				954	1:24:11.02
59	Bonginkosi Nkabinde		50	Series Total:	1828	8:14:04.7
	Kosmos 3-in-1 (42km)				733	4:39:25.34
	Kosmos 3-in-1 (21km)				533	2:24:20.46
	Kosmos 3-in-1 (10km)				562	1:10:18.94
60	Ric Marini		50	Series Total:	1778	8:15:46.5
	Kosmos 3-in-1 (42km)				787	4:44:29.94
	Kosmos 3-in-1 (21km)				541	2:24:58.37
	Kosmos 3-in-1 (10km)				450	1:06:18.24
61	Goonaseelan Reddy		50	Series Total:	2035	8:18:44.0
	Kosmos 3-in-1 (42km)				674	4:33:03.15
	Kosmos 3-in-1 (21km)				604	2:29:09.23
	Kosmos 3-in-1 (10km)				757	1:16:31.64
62	Bobby Govender		50	Series Total:	2038	8:18:45.0
	Kosmos 3-in-1 (42km)				675	4:33:03.26
	Kosmos 3-in-1 (21km)				607	2:29:10.34
	Kosmos 3-in-1 (10km)				756	1:16:31.45
63	Sipho Mashinini		50	Series Total:	2205	8:20:03.2
	Kosmos 3-in-1 (42km)				597	4:23:25.99
	Kosmos 3-in-1 (21km)				568	2:26:22.80
	Kosmos 3-in-1 (10km)				1040	1:30:14.47
64	Jonas Mhlarhi		50	Series Total:	2166	8:21:14.3
	Kosmos 3-in-1 (42km)				514	4:14:54.58
	Kosmos 3-in-1 (21km)				844	2:47:28.20
	Kosmos 3-in-1 (10km)				808	1:18:51.57
65	Chris Zondi		50	Series Total:	2064	8:23:05.9
	Kosmos 3-in-1 (42km)				754	4:39:30.05
	Kosmos 3-in-1 (21km)				596	2:28:44.34
	Kosmos 3-in-1 (10km)				714	1:14:51.54
66	Eddie Dalbock		50	Series Total:	2022	8:25:54.7
	Kosmos 3-in-1 (42km)				852	4:51:56.84
	Kosmos 3-in-1 (21km)				461	2:19:10.47
	Kosmos 3-in-1 (10km)				709	1:14:47.48

*Overall Place

Kosmos 3-in-1
Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
67	Jan Wessels		50	Series Total:	2173	8:26:05.4
	Kosmos 3-in-1 (42km)				706	4:35:39.62
	Kosmos 3-in-1 (21km)				606	2:29:09.87
	Kosmos 3-in-1 (10km)				861	1:21:15.95
68	Kgomotso Lelaka		50	Series Total:	2021	8:28:37.1
	Kosmos 3-in-1 (42km)				810	4:47:02.72
	Kosmos 3-in-1 (21km)				625	2:30:23.33
	Kosmos 3-in-1 (10km)				586	1:11:11.05
69	Stephen Meko		50	Series Total:	2008	8:31:23.2
	Kosmos 3-in-1 (42km)				904	4:59:03.95
	Kosmos 3-in-1 (21km)				481	2:20:20.87
	Kosmos 3-in-1 (10km)				623	1:11:58.43
70	Marius Deon Small		50	Series Total:	2402	8:34:27.2
	Kosmos 3-in-1 (42km)				620	4:26:11.92
	Kosmos 3-in-1 (21km)				758	2:39:41.55
	Kosmos 3-in-1 (10km)				1024	1:28:33.81
71	Joseph Khumalo		50	Series Total:	2196	8:37:06.5
	Kosmos 3-in-1 (42km)				669	4:32:29.50
	Kosmos 3-in-1 (21km)				888	2:52:22.13
	Kosmos 3-in-1 (10km)				639	1:12:14.95
72	Kgosi Lekabe		50	Series Total:	2432	8:39:57.0
	Kosmos 3-in-1 (42km)				635	4:27:43.68
	Kosmos 3-in-1 (21km)				854	2:48:06.35
	Kosmos 3-in-1 (10km)				943	1:24:07.04
73	Kuban Naidoo		50	Series Total:	2441	8:44:39.3
	Kosmos 3-in-1 (42km)				790	4:44:56.12
	Kosmos 3-in-1 (21km)				695	2:35:32.04
	Kosmos 3-in-1 (10km)				956	1:24:11.23
74	Johan Liebenberg		50	Series Total:	2377	8:46:19.2
	Kosmos 3-in-1 (42km)				831	4:49:42.22
	Kosmos 3-in-1 (21km)				722	2:37:15.63
	Kosmos 3-in-1 (10km)				824	1:19:21.42
75	Martin Van Rooyen		50	Series Total:	2549	8:48:46.7
	Kosmos 3-in-1 (42km)				684	4:33:46.67
	Kosmos 3-in-1 (21km)				853	2:48:00.22
	Kosmos 3-in-1 (10km)				1012	1:26:59.90
76	Neil Hoffman		50	Series Total:	2555	8:50:37.0
	Kosmos 3-in-1 (42km)				753	4:39:29.59
	Kosmos 3-in-1 (21km)				689	2:35:16.75
	Kosmos 3-in-1 (10km)				1113	1:35:50.68
77	Noa Ndhlovu		50	Series Total:	2560	8:52:24.4
	Kosmos 3-in-1 (42km)				806	4:46:44.48
	Kosmos 3-in-1 (21km)				771	2:40:12.56
	Kosmos 3-in-1 (10km)				983	1:25:27.37
78	Magane Sunny		50	Series Total:	2447	8:53:20.6
	Kosmos 3-in-1 (42km)				897	4:56:48.69
	Kosmos 3-in-1 (21km)				719	2:37:04.27
	Kosmos 3-in-1 (10km)				831	1:19:27.64

*Overall Place

Kosmos 3-in-1
Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
79	Jan Shaw		50	Series Total:	2622	8:55:12.9
	Kosmos 3-in-1 (42km)				2622	
	Kosmos 3-in-1 (21km)				689	4:34:07.60
	Kosmos 3-in-1 (10km)				840	2:46:51.45
					1093	1:34:13.90
80	Clayton Ealand		50	Series Total:	2625	8:56:25.4
	Kosmos 3-in-1 (42km)				731	4:39:13.07
	Kosmos 3-in-1 (21km)				806	2:43:21.00
	Kosmos 3-in-1 (10km)				1088	1:33:51.34
81	Luc Vangoidsenhoven		50	Series Total:	2532	8:56:46.2
	Kosmos 3-in-1 (42km)				869	4:53:38.95
	Kosmos 3-in-1 (21km)				770	2:40:07.94
	Kosmos 3-in-1 (10km)				893	1:22:59.33
82	THAMI MASUKU		50	Series Total:	2571	9:02:42.6
	Kosmos 3-in-1 (42km)				903	4:59:01.96
	Kosmos 3-in-1 (21km)				739	2:39:36.33
	Kosmos 3-in-1 (10km)				929	1:24:04.32
83	Gavin Du Plooy		50	Series Total:	2712	9:05:51.5
	Kosmos 3-in-1 (42km)				697	4:34:47.91
	Kosmos 3-in-1 (21km)				929	2:57:14.68
	Kosmos 3-in-1 (10km)				1086	1:33:48.98
84	Kweyama Dumisani		50	Series Total:	2741	9:08:06.3
	Kosmos 3-in-1 (42km)				710	4:36:06.74
	Kosmos 3-in-1 (21km)				805	2:43:04.84
	Kosmos 3-in-1 (10km)				1226	1:48:54.74
85	Louis Schoenfeldt		50	Series Total:	2628	9:09:12.6
	Kosmos 3-in-1 (42km)				908	4:59:19.99
	Kosmos 3-in-1 (21km)				851	2:47:58.32
	Kosmos 3-in-1 (10km)				869	1:21:54.34
86	Peter Ntloge		50	Series Total:	2720	9:09:14.6
	Kosmos 3-in-1 (42km)				888	4:56:35.68
	Kosmos 3-in-1 (21km)				836	2:46:34.89
	Kosmos 3-in-1 (10km)				996	1:26:04.10
87	David Eloff		50	Series Total:	2391	9:09:29.1
	Kosmos 3-in-1 (42km)				955	5:15:50.60
	Kosmos 3-in-1 (21km)				746	2:39:37.82
	Kosmos 3-in-1 (10km)				690	1:14:00.70
88	Erios Malele		50	Series Total:	2298	9:14:27.2
	Kosmos 3-in-1 (42km)				1021	5:34:55.36
	Kosmos 3-in-1 (21km)				500	2:21:56.27
	Kosmos 3-in-1 (10km)				777	1:17:35.58
89	Abednego Sibanyoni		50	Series Total:	2687	9:16:49.7
	Kosmos 3-in-1 (42km)				909	4:59:23.85
	Kosmos 3-in-1 (21km)				915	2:56:01.16
	Kosmos 3-in-1 (10km)				863	1:21:24.69
90	David James		50	Series Total:	2630	9:17:30.3
	Kosmos 3-in-1 (42km)				945	5:11:43.22
	Kosmos 3-in-1 (21km)				807	2:43:22.33
	Kosmos 3-in-1 (10km)				878	1:22:24.81

*Overall Place

Kosmos 3-in-1
Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
91	Sewele Maponya		50	Series Total:	2690	9:24:14.0
	Kosmos 3-in-1 (42km)				2690	876 4:55:12.52
	Kosmos 3-in-1 (21km)					969 3:08:32.21
	Kosmos 3-in-1 (10km)					845 1:20:29.36
92	Yussuf Lambat		50	Series Total:	2456	9:24:56.0
	Kosmos 3-in-1 (42km)					963 5:20:21.50
	Kosmos 3-in-1 (21km)					894 2:53:05.33
	Kosmos 3-in-1 (10km)					599 1:11:29.26
93	Bee Gumede		50	Series Total:	2647	9:26:31.1
	Kosmos 3-in-1 (42km)					979 5:22:46.65
	Kosmos 3-in-1 (21km)					776 2:40:56.72
	Kosmos 3-in-1 (10km)					892 1:22:47.81
94	Isaac Moetseloa		50	Series Total:	2666	9:27:28.8
	Kosmos 3-in-1 (42km)					994 5:25:44.68
	Kosmos 3-in-1 (21km)					619 2:30:17.08
	Kosmos 3-in-1 (10km)					1053 1:31:27.10
95	Thomas Smith		50	Series Total:	2771	9:29:18.7
	Kosmos 3-in-1 (42km)					952 5:13:54.40
	Kosmos 3-in-1 (21km)					870 2:51:15.36
	Kosmos 3-in-1 (10km)					949 1:24:08.96
96	Keith Levenstein		50	Series Total:	2955	9:29:46.4
	Kosmos 3-in-1 (42km)					873 4:53:55.58
	Kosmos 3-in-1 (21km)					931 2:57:26.28
	Kosmos 3-in-1 (10km)					1151 1:38:24.57
97	Frik Du Preez		50	Series Total:	2974	9:42:52.4
	Kosmos 3-in-1 (42km)					947 5:11:51.35
	Kosmos 3-in-1 (21km)					896 2:53:31.57
	Kosmos 3-in-1 (10km)					1131 1:37:29.55
98	Andrew Buys		50	Series Total:	3022	9:43:41.3
	Kosmos 3-in-1 (42km)					840 4:50:33.28
	Kosmos 3-in-1 (21km)					966 3:06:41.92
	Kosmos 3-in-1 (10km)					1216 1:46:26.19
99	Frank Wessels		50	Series Total:	2879	9:43:57.2
	Kosmos 3-in-1 (42km)					969 5:22:29.60
	Kosmos 3-in-1 (21km)					878 2:52:03.64
	Kosmos 3-in-1 (10km)					1032 1:29:24.05
100	Deon Lubbe		50	Series Total:	2885	9:44:00.9
	Kosmos 3-in-1 (42km)					972 5:22:31.43
	Kosmos 3-in-1 (21km)					879 2:52:04.63
	Kosmos 3-in-1 (10km)					1034 1:29:24.88
101	Johan Dreyer		50	Series Total:	2912	9:45:43.1
	Kosmos 3-in-1 (42km)					978 5:22:42.39
	Kosmos 3-in-1 (21km)					890 2:52:34.53
	Kosmos 3-in-1 (10km)					1044 1:30:26.23
102	Abie Smit		50	Series Total:	3041	9:57:04.4
	Kosmos 3-in-1 (42km)					976 5:22:41.14
	Kosmos 3-in-1 (21km)					912 2:55:52.72
	Kosmos 3-in-1 (10km)					1153 1:38:30.54

*Overall Place

Kosmos 3-in-1

Master Male 50 to 59

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
103	Nico Bloem		50	Series Total:	3147	10:23:25.
	Kosmos 3-in-1 (42km)				3147	
	Kosmos 3-in-1 (21km)				981	5:23:14.26
	Kosmos 3-in-1 (10km)				992	3:19:35.59
					1174	1:40:36.10
104	Jacobus Snyman		50	Series Total:	3197	10:30:57.
	Kosmos 3-in-1 (42km)				1004	5:27:45.85
	Kosmos 3-in-1 (21km)				991	3:19:14.45
	Kosmos 3-in-1 (10km)				1202	1:43:57.55
105	Pieter La Grange		50	Series Total:	2607	10:39:07.
	Kosmos 3-in-1 (42km)				712	4:36:12.79
	Kosmos 3-in-1 (21km)				947	3:01:27.25
	Kosmos 3-in-1 (21km)				948	3:01:27.86

G-Master Male 60 and over

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
1	Frans Moraba		60	Series Total:	307	5:37:52.8
	Kosmos 3-in-1 (42km)				87	3:05:44.52
	Kosmos 3-in-1 (21km)				97	1:41:29.93
	Kosmos 3-in-1 (10km)				123	50:38.40
2	Phuti Mabothe		60	Series Total:	522	6:15:28.6
	Kosmos 3-in-1 (42km)				198	3:31:55.83
	Kosmos 3-in-1 (21km)				159	1:50:13.96
	Kosmos 3-in-1 (10km)				165	53:18.86
3	Walter Sonnendecker		60	Series Total:	1191	7:11:38.3
	Kosmos 3-in-1 (42km)				390	3:58:36.85
	Kosmos 3-in-1 (21km)				301	2:05:00.32
	Kosmos 3-in-1 (10km)				500	1:08:01.19
4	Daniel Mamaila		60	Series Total:	1630	7:24:10.6
	Kosmos 3-in-1 (42km)				293	3:47:33.72
	Kosmos 3-in-1 (21km)				357	2:11:26.99
	Kosmos 3-in-1 (10km)				980	1:25:09.90
5	Nkosana Nkosi		60	Series Total:	1486	7:40:57.0
	Kosmos 3-in-1 (42km)				539	4:16:13.97
	Kosmos 3-in-1 (21km)				418	2:15:25.76
	Kosmos 3-in-1 (10km)				529	1:09:17.32
6	Silas Maepane		60	Series Total:	1731	7:49:56.7
	Kosmos 3-in-1 (42km)				463	4:10:05.26
	Kosmos 3-in-1 (21km)				532	2:24:16.46
	Kosmos 3-in-1 (10km)				736	1:15:35.02
7	Dumisani Mhlongo		60	Series Total:	1895	7:52:22.1
	Kosmos 3-in-1 (42km)				364	3:56:07.97
	Kosmos 3-in-1 (21km)				725	2:37:33.89
	Kosmos 3-in-1 (10km)				806	1:18:40.30
8	Motlatsi Motake		60	Series Total:	1999	8:06:08.3
	Kosmos 3-in-1 (42km)				491	4:12:57.05
	Kosmos 3-in-1 (21km)				631	2:30:46.55
	Kosmos 3-in-1 (10km)				877	1:22:24.75
9	Serame Mbha		60	Series Total:	2056	8:15:31.5

*Overall Place

Kosmos 3-in-1
G-Master Male 60 and over

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
9	Serame Mbha Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2056	8:15:31.5 632 4:27:42.39 542 2:25:14.51 882 1:22:34.65
10	Colin Thomas Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2095	8:15:52.6 572 4:20:04.09 708 2:36:44.14 815 1:19:04.44
11	Molefe J Mohlamonvane Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2088	8:19:02.0 622 4:26:45.68 663 2:33:47.99 803 1:18:28.33
12	John Craven Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2174	8:23:00.7 663 4:30:46.88 597 2:28:46.98 914 1:23:26.84
13	Arthur Boyce Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2244	8:26:35.8 681 4:33:31.10 540 2:24:45.21 1023 1:28:19.51
14	Coach Makhongoza Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2195	8:47:30.9 937 5:10:44.86 439 2:17:39.29 819 1:19:06.79
15	Andre Lourens Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2356	8:48:07.9 867 4:53:05.45 761 2:39:42.72 728 1:15:19.77
16	Tyrone Leoto Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2535	8:48:43.2 651 4:29:07.69 899 2:53:45.74 985 1:25:49.78
17	Pierre Jordaan Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2672	9:02:57.6 870 4:53:39.06 800 2:42:50.26 1002 1:26:28.28
18	Poonsamy Munisamy Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2840	9:16:26.2 791 4:44:56.34 882 2:52:06.27 1167 1:39:23.64
19	Laurence Mpela Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2881	9:20:49.1 778 4:43:37.40 928 2:56:35.63 1175 1:40:36.15
20	Mkhombeni Mthimkhulu Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2572	9:25:45.1 999 5:26:15.23 777 2:41:09.76 796 1:18:20.11
21	Johan Bensch		60	Series Total:	2888	9:44:02.9

*Overall Place

Kosmos 3-in-1**G-Master Male 60 and over**

<u>Place</u>	<u>Name / Race</u>	<u>City State Zip</u>	<u>Age</u>		<u>Place*</u>	<u>Time</u>
21	Johan Bensch Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2888	9:44:02.9 974 5:22:32.21 881 2:52:05.92 1033 1:29:24.86
22	Johannes Msimang Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	2929	9:49:12.4 923 5:05:51.35 988 3:15:37.89 1018 1:27:43.17
23	Phillip Mofokeng Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	3081	9:53:29.7 928 5:06:39.18 956 3:03:53.36 1197 1:42:57.24
24	Norman Sanders Kosmos 3-in-1 (42km) Kosmos 3-in-1 (21km) Kosmos 3-in-1 (10km)		60	Series Total:	3230	10:43:06. 1024 5:37:18.13 989 3:18:08.91 1217 1:47:39.95